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'Lord of the Rings' returns to witness Olympic's legacy

by Geoff Baker

WEYMOUTH and Portland's £100million hero, Olympics titan Lord Coe, came back to the scene of his triumph one year on, not to take a bow – but to praise the twin towns' spirit for being everything that he won the Games for Britain for.

In a remarkably-generous series of speeches at

various local sites that have benefitted from the 2012 Olympics, the Lord of the Rings, who has brought a £100million in benefits to the towns and the county, praised its people for "being everything that we went to

Singapore eight years ago to win the Games for".

Affable, witty and charming, the former Olympics champion runner in effect presented his personal gold for effort, hard work and triumph to

the volunteers and organisations that he said made the Games in Weymouth and Portland "the best sailing event that the Olympics has ever had in its history".

He added: "It was the volunteers who made the difference between a good Games and a great Games. So much of what was achieved here was the work of you volunteers. It was local people doing local things at an extraordinary level."

TURN to page 3



■ **LORD OF THE RINGS:** From the Heights of Portland Sebastian Coe embraces the monument to the Games. He said: "In many years in the future this area may change and people may not be aware that an Olympics was once held here – but they sure as hell will when they see these rings here."

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ORIGINALLY from London, Pete Linnett has moved to Wales, Exeter and Monkton Wyld before eventually settling in Lyme Regis in 1999, where he set up the Lyme Voices choir seven years ago.

Pete is a self-employed and, as well as Lyme Voices, is the musical director of Langport Community Choir and is launching a choir in Stockland this September. He also runs music and drama workshops for adults with disabilities and teaches music at Axminster Community Primary School.

He is married and has a teenage daughter.

● **WHAT kind of music does the Lyme Voices choir perform?**

The focus in Lyme Voices is not just on performance: it's also about having a good time singing together. The essential feature is it's all taught by ear (and supported by parts recordings), so a good whack of the songs come from the repertoires of cultures where harmony singing is something done by everyone, or is not just the province of musicians - it's people's music in some way.

For example Gospel and South African music have been formative for me and a recurrent part of our repertoire. We also sing lots of songs written or arranged by community choir leaders for community choirs like Lyme Voices, including classic pop and all sorts of songs from everywhere - Georgian, Balkans, British folk-song arrangements etc. I also arrange things myself.

● **Tell us about your involvement in the recent 'Sing For Water' event in Bristol...**

Sing for Water is a fundraiser for WaterAid that's been happening in various places around the country since 2002. Sing for Water West happens every two years in Bristol, but this is the first time we've taken part.

I was bowled over by the enthusiasm of the choir for taking part! I think the challenge and the whole fundraising aspect of it fired people up. We raised almost £200 from a busking event in Lyme (singing some of the Sing for Water songs), and choir members raised, we think, about another £300 from various projects - including hand-knitted socks and afternoon tea.

On the day we gathered with about 1,000 other singers at the Harbourside in Bristol and made a huge sound! More than £3,000 was collected in the buckets but most of the money raised comes from sponsorship, that's still being counted, but last time they raised £53,000.

● **How would you encourage others to join the choir?**

I'd just say that anybody can sing and you'll find us a friendly and welcoming crowd. You don't need to have any previous experience of singing in harmony with others. My own experience is that it's uplifting and mood enhancing! Your first one is free, so you can try it out.

● **Do you have any more events coming up?**



Nothing is fixed yet, though there are various possibilities. We'll doubtless have some sort of Christmas event (sadly, I've been planning Christmas for a while!). We meet after the summer break on September 12th and I'd like to talk to people about how we follow Sing for Water.

● **Have you always been musical?**

60 SECOND INTERVIEW

Of course, like everyone, I can sing but just never stopped. Music is one of those things I love and somehow need to do. I also play flutes, whistles and pipes, so over the years between gigs, ceilidhs, theatre and community choirs I've always been involved with music. The things that I do are often about bringing people together in some way, about music as a community activity, as something we do together.

● **What are your other personal interests?**

Increasingly I'm awe-struck by the rich diversity in our local environment. I'm particularly interested in the flowers, especially around Ware and along the water's edge, but anywhere, really. It's not about rare flowers for me - have a look at the thistles at the moment! I like literature, history and popular science books. I'm really enjoying doo-wop and that sort of thing from the 50s and 60s - though that's a bit work-related, too.

● **What do you like about the local area?**

That natural diversity I mentioned, plus I love to swim in the sea (in the summer!). I also love that feeling of being connected to all sorts of people that you get in a small, friendly place like this. Somehow all of us humans need to learn to get on with all and sundry. Of course we can have our problems, but there's a lot of knowledge in places like ours about how to do this.

● **What would you like to add to or change about the local area if you could?**

According to an article I read in the paper, Lyme Regis could fail new clean water standards coming in in two years time at Back Beach and we'll be obliged to display a warning to visitors! I'm hoping the council is on the case with this...

● **Where is your ideal holiday destination and why?**

Anywhere I've got some contacts to get me into the local area. We went to Tamil Nadu (in India) a couple of years back. Amazing place - not exactly your comfy holiday though! We go to Voice Camp every year - bit of a busman's holiday, there's so much singing and a great feeling of celebration. And there's a lot of opportunity to just hang out and chat. Of course, when the weather's good, camping is bliss. And when the weather's not good - well, that never happens in England!

● **Which three guests would you invite to your dream dinner party?**

I like pretty low-key events with friends, and the famous are famous for different reasons than friendliness. But I reckon Chaucer, Shakespeare and Joyce would be good value if a bit overwhelming - 3 big-hearted and very human geniuses. I reckon the wine bill would be a bit steep, though.

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Lord Coe pays tribute to community for making games great

FROM page 1

"I want you thank you for endorsing everything we believed in in getting the Games for Britain. This is a very happy day for me to be back here thanking you all for a legacy that is so tangible and which will continue to be so for many years to come."

"You are totemic of the spirit that put the Games together."

Without any air of the superhero about him, Lord Coe stood patiently for picture after picture and gave speech after speech in the glaring 30C heat. He posed for the press and he posed for personal pictures with

the large number of fans who came to meet him as he visited the Portland stone Olympic Rings at Portland Heights, the Portland Marina and the Chesil Beach Visitor Centre.

His return to Dorset, organised by Weymouth & Portland Borough Council with the Dorset Wildlife Trust, was dubbed The Legacy Visit by organisers, clearly as a grateful mark of respect to the man who has caused the area to gain in facilities and infrastructure worth more than £100million.

But with stunning humility, he turned the tables and lauded the Games' local partners instead.

"Due to the support and partnerships of you extraordinary people, we will be forever indebted to you for allowing us to present the best sailing events ever," said Lord Coe.

"Traders have told me that tourist numbers are up and things are even better than they were last year. Normally in the year after an Olympics the figures are down – but here they are up and we have bucked the trend."

He beamed with pride throughout his visit, never more so than when he visited the Olympic Rings at the Heights and looked down of the glorious legacy of the Marina, the new roads and the visitor centre below.

"I doubt if the Rings could be in a better spot anywhere in the world," he said.

"For me, this is simply great to see – it is a fantastic setting. There couldn't be a more staggering background and it means a lot to me to be here seeing this."

Forever the champion of sports causes, Lord Coe is now fighting to try secure for Britain the venue for the 2018 Youth Olympics – for which Glasgow is vying against Buenos Aires and Medellin.

Some 3,600 athletes aged 14 to 18 will compete at the Youth Olympics and Lord Coe's visit could result in a classroom of schoolchildren from Portland's IPACA school trying to be among them.

After the peerless peer met the children, we asked the nine-year-olds who will be eligible in 2018 'how many of you would now like to train for the Youth Olympics?'

Every hand in the class went up.

The Lord of the Rings can have no better legacy than that.



■ LORD Coe reveals the stone and plaque marking the Games-developed Marina which will soon offer 600 berths



■ IT was a team effort. Volunteers at the Portland Marina stand arm-in-arm with Lord Coe, who told them "the volunteers made the difference between a good Games and a great Games"



■ RAY Banham, Mayor of Weymouth & Portland, and Lord Coe unveil the shiniest of plaques to mark the expansion of the Chesil Beach Visitor Centre, an environmental education base for study of the iconic natural feature of Chesil Beach

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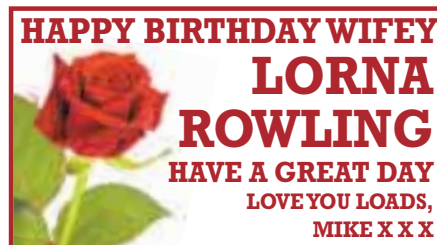
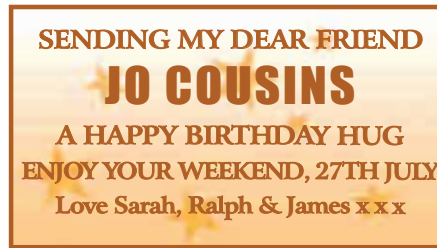
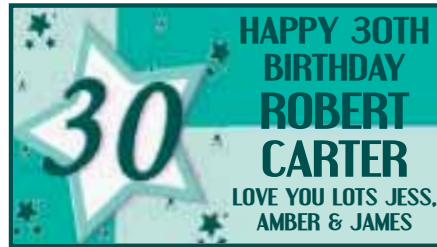
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Police launch operation to help victims of crime

A NEW policing operation designed to improve the force's service to crime victims has been introduced in Dorset.

Launched in response to the Police and Crime Commissioner's police and crime plan, Operation Advance aims to increase positive outcomes for victims of crime to one in three by 2016.

A positive outcome is defined by new government measures as a sanctioned detection, community resolution (action taken in respect of minor crime, in line with a victim's needs) or restorative justice.

Operation Advance, includes a range of measures designed to:

- Continue to reduce crime

- Target prolific offenders – a measure which, for example, has led to significant improvements in detecting burglary, with a detection rate of 22 per cent (year to date)

- Resolve crime in line with victims' expectations

- Improve satisfaction, our communication with victims and ensuring they are kept updated at key stages throughout their case – an approach that will be supported in the near future through the introduction of a dedicated Victims' Bureau

- Streamline how offenders are brought to justice, by reducing bureaucracy

- Improve the 'Positive Outcome' detection rates and the proportion of offenders brought to justice

Police and Crime Commissioner for Dorset Martyn Underhill said: "Operation Advance will give Dorset Police better tools to investigate volume crime more efficiently."

"I welcome the move towards a more streamlined service which is fundamental to solving more crime."

To ensure the force delivers these improvements, Dorset has recently appointed a Detective Superintendent, Kevin Connolly, to lead on all crime investigation.

Host your own blooming great tea party

MARIE Curie Cancer Care is asking the people of West Dorset to hold a Blooming Great Tea Party this July to help raise funds for the charity.

It can be as simple as a cuppa with colleagues, a vintage inspired tea party or garden party with friends. It's a great way to get together with friends and family to do something easy and fun for charity.

The money raised from Blooming Great Tea Parties will help Marie Curie Nurses to provide more free care to people with terminal illnesses in their own homes.

Zoe Partridge, Somerset and Dorset Community Fundraiser said: "Whether you're a dab hand at bak-

ing cakes or simply enjoying a cuppa with friends is more your cup of tea, holding a Blooming Great Tea Party is a fun way to get together and raise funds for an important cause.

"However big or small your tea party, by taking part you will be helping to raise the crucial funds that make it possible for Marie Curie Nurses to provide care for people with terminal illnesses at the time when they need it most."

For more information and to sign up for our free Blooming Great Tea Party fundraising pack, visit www.mariecurie.org.uk/teaparty.

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Condor celebrates return to Weymouth

CONDOR Ferries welcomed more than 350 guests on board the Condor Vitesse last week, as the company embarked on its first sailing from Weymouth Port for almost a year and a half.

Hundreds of spectators were on hand to wave the

vessel off on its way to Guernsey and Jersey, re-opening the historic ferry link between Weymouth and the Channel Islands.

Among the guests on board for the inaugural sailing were John and Rosemary Bowditch from Weymouth, who

were celebrating their 25th wedding anniversary with a day trip to Guernsey.

Mr and Mrs Bowditch, who were married just months after Condor Ferries first began to operate from Weymouth, were presented with a bouquet

of flowers by Mayor of Weymouth and Portland Councillor Ray Banham as they embarked, in celebration of their special day.

Also making the journey across the Channel was Margaret Durrant, who had travelled more

than 3,000 miles from her home in Toronto, Canada to take the ferry across to Guernsey.

Condor had to leave Weymouth in 2011 after emergency repair works had to be carried out after a large crack appeared at the ferry port, at a cost of £4.5million to the borough council.

Alicia Andrews, Sales and Marketing Director at Condor Ferries, said: "We always intended to return to Weymouth, once the ferry port was repaired, and it's great to see that day finally arrive."

"Weymouth is the natural gateway to the Channel Islands, and we know that many of our guests are excited about being able to travel from Weymouth once more."

"It was wonderful to see the local support for the ferry's return, both yesterday as she came back into port and today as she departed on her first sailing."

"We look forward to once again being an integral part of the Weymouth community."



■ JOHN and Rosemary Bowditch are presented with flowers by the Mayor and Mayoress of Weymouth and Portland



■ GUESTS arrive in Guernsey



■ GUESTS departing Weymouth on the first sailing

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Quiz and chips

A FABULOUS fun quiz night will be held at the Lodmoor Pub, Preston Beach Road, Weymouth.

Entertainer Iain Campbell will host the quiz night which promises easy questions, great entertainment, fun and food.

The evening will take place on Friday, August 16th at 7.30pm and will cost £8.50 to include a fish and chip supper.

Proceeds from a raffle to be held at the event will go to the Osmington Christmas Show.

To book a team call 01305 768446.

Driest June for decade

WEYMOUTH has had its driest June for ten years. Only 23.8mm of rain fell, well below average figures for the month of 45.3mm, but Weymouth weatherman Bob Poots said figures for the town so far this year were still nearly 70mm above average at just over 406mm.

Sunshine levels for June were just above average, but overall figures for this year so far are down more than 62 hours on average levels at just over 868 hours.

The warmest day was Wednesday 19th at 22.9 degrees centigrade while fog was noted on the 20th and 30th.

Benefits surgery

AGE UK Dorchester and Dorset County Council's Welfare Benefits Team are working together to provide benefits advice and help to older people in West Dorset.

Surgeries will operate on the second Tuesday in each month, between 9.30am and 11.30am at Weymouth Community Fire Station, Radipole Lane, Weymouth, and will strictly by appointment.

To make an appointment, contact Age UK Dorchester on 01305 269444.
www.ageuk.org.uk/dorchester.

The next surgery will be Tuesday, August 13th.

Get up and go explore Littlemoor area

TWO more walks leaflets have been published in a series about the Littlemoor area of Weymouth.

A total of seven leaflets are being sponsored by Dorset County Council's Local Sustainable Transport Fund to encourage walking and cycling in the Weymouth and Dorchester area.

Malcolm Beeson, who leads walks from Littlemoor every Friday at 10.30am from outside the charity shop has been commissioned to write and produce the leaflets on behalf of the Littlemoor Community Action Group and Dorset County Council.

The first leaflet, covering walks to the north of Littlemoor, as far as the "green bridge" over the relief road on the Ridgeway, Came Wood and Bincombe, was printed in April this year and has been collected eagerly by locals.

The second leaflet continues round the compass and takes rambles to Bincombe and "the Bumps", Chalbury Hill and back via Preston. A short diversion leads walkers to the mill pond and The Springhead pub at Sutton Poyntz.

The third leaflet details a route to Bowleaze and Overcombe and returns along Lodmoor and over the hill to

Louviers Road. This is one of the longer routes at about five miles but can be walked at an easy pace in around an hour and three-quarters.

As well as a map and description of the routes Malcolm has included in the leaflets brief accounts of local history. In the Bincombe leaflet are the story of "The Melancholy Hussar", the world-famous Rimbury Urnfield and Chalbury Hill. The Overcombe leaflet contains details of the Jordan Hill Roman Temple and the prehistoric elephant remains found at Bowleaze.

All three leaflets have been illustrated by Yvonne Lee and the remaining leaflets are expected later this year covering walks to the south as far as Weymouth itself and west including to The Wishing Well café.

The seventh walk will be a round walk that does not start from Littlemoor. Malcolm and wife, Wendy, prepared the circular route on behalf of the Area of outstanding Natural Beauty. It runs from Came Wood to Bincombe and Sutton Poyntz, and returns via the Culliford Tree and the Ridgeway. They have led groups around the route but it has not yet appeared in print.

The leaflets are being offered to homes around Weymouth and Dorchester by a team from Sustrans pro-



MALCOLM Beeson with his walks leaflets at Sutton Poyntz pond

moting sustainable transport such as cycling and walking as alternatives to cars and buses.

They are also now available at Littlemoor's Co-op Supermarket, pharmacy, doctors' surgeries, the library and various other points such as the council offices on North Quay.

Vintage vehicles raise £1,200 for Samaritans

VINTAGE vehicles produced a classic cheque when Weymouth Vehicle Preservation Society handed over £1,200 to Weymouth Samaritans.

The money came from the proceeds of this year's Dorset Tour where vehicles bowled along the county's country roads, starting and finishing at Lodmoor, Weymouth.

Society president Dave Lancaster said: "Samaritans is a good cause and we always try and support a Dorset charity every year.

"Overall we have raised nearly

£50,000 since we started the first Dorset Tour back in 1988.

"Members of the society vote for which charity to support and that decision will be taken at our annual meeting in October."

The cheque was presented by Weymouth and Portland Mayor and Mayoress, Ray Banham and Pam Nixon.

Mr Banham said: "This cheque is fantastic and the Samaritans do such tremendous work saving many lives. The Society is to be congratulated for making such a generous donation."



WVPS chairman Mike Rodd, Mayoress Pam Nixon, Mayor Ray Banham, Weymouth Samaritans director David Webb and WVPS president Dave Lancaster at the cheque presentation

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■ JIM Williamson at the open day

Pilgrim House has lots to offer

WEYMOUTH'S Pilgrim House has held a special open day to show what it has to offer elderly people and those over 50.

The building on Hope Square has a regular lunch club on Tuesdays and Thursdays which needs more members.

There is also a fully fitted IT room where people can learn about computers on a one to one basis.

Pilgrim manager Jim Williamson said: "We also have a newly refurbished function room which we are keen to offer to the community for hire. It even has a fully licensed bar and catering facilities.

"Pilgrim is such a useful facility but we need to let more people know that it is there so they can take advantage of what we have to offer.

"That was the purpose of the open day, so people could come down and have a look round, chat to staff and see what was available."

Anyone who would like further information about Pilgrim House should contact Mr Williamson on 01305 761828 or email him on pilgrimhousetrust@hotmail.co.uk

Veterans help unemployed find work

A GROUP of veterans from Weymouth, Dorchester and Shaftesbury have just completed a six-week programme helping unemployed people in Weymouth.

Eleven unemployed people completed the course and several of them now have jobs.

Active Plus is a "not for profit" Community Interest Company that utilises the skills of wounded, injured and sick ex-military personnel to provide a range of personal development, education and wellbeing programmes for people in need.

Director Brian Tregunna said AP's programmes included a range of inputs depending on client needs such as problem solving, interview techniques,

communication, teamwork and first aid.

He added: "Client groups for such development programmes include the unemployed – particularly 50-year-olds and over – older people and young people in need.

"Clearly the whole focus is on the individual needs of those on the programme. They give their all and we give ours."

Those who completed the programme praised the way they had gained "self motivation", "focus" and greater personal "positivity".

They received their certificates from Weymouth and Portland Mayor and Mayoress Councillors Ray Banham and Pam Nixon.



■ WEYMOUTH and Portland Mayor and Mayoress Councillors Ray Banham and Pam Nixon presenting the certificates

Mr Banham told those at the presentation how impressed he had been at the work of Active Plus, particularly at the high success rate of the programme.

He added: "For these people to be able to come on to a course like this is

very advantageous for the over-50s unemployed in Weymouth.

"These veterans are to be thanked for all the hard work they have put in towards making this programme the success it so clearly is."



Playgarden picnic fun

■ ALL aboard the junk modelling boat!

WEYMOUTH'S Chapelhay Community Playgarden has held a Big Picnic at its site off Franchise Street.

Children enjoyed a bouncy castle, junk modelling to create a variety of things including a boat, live bands including Galeforce 4 and refreshments.

Garden spokesman Mark Ford said: "We had more than 70 people turn up and everyone had a great time.

"It was our main event of the year, we had great weather and we would all like to thank our sponsors, Synergy and Jordan Construction."

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Motocross legends held Paul on road to world record

MOTOCROSS legend Dave Thorpe has stepped up to help world record hopeful Paul Oughton from Weymouth in his quest for a world record.

Paul is trying to break the Guinness World Record for the longest distance achieved on a motocross bike in 24 hours and Dave and his team at the Dave Thorpe Honda Off Road Centre are going to support him.

Paul has been undergoing a rigorous training regime over the last four months in preparation for the attempt which will take place at the Rogershill Raceway on September 10th-11th.

In attempting this record he is also raising funds for Weldmar Hospicecare in Dorchester and the international Wings for Life charity which funds the research of spinal cord injuries.

Four times world champion Dave Thorpe said: "We met Paul through a mutual acquaintance a few months back, and it only came to light a bit later what he was undertaking."

"With the new off road centre now in full swing, and with a great trainer in Stephen Sword, on top of the fact Honda are the most reliable motocross bikes in the World, we felt that we were in a great position to help Paul out."

"We will be supporting him with both training and bikes for the attempt itself. Paul is also supporting some great charities in doing this attempt and we are glad to help him all we can."

Paul said: "When I was contacted by Dave with his offer of support, I was amazed to say the least. It's not very often a four times world champion calls you up. I am really looking forward to getting some laps in on the Honda and to be riding at their off road centre in Cardiff."

"I used to race against Stephen Sword and to have him and Dave in my corner is a dream come true. Not only that but the full team at the off road centre have been really helpful and supportive and I am hoping to break the record for them as much as for the charities and my family and friends who have been offering me amazing support."

Three time British champion Sword: "I know Paul



■ PAUL Oughton (left) and Stephen Sword

has been working hard on his fitness both on and off the bike, but he has a big task to achieve so I am looking forward to putting him through his paces to ensure he is as fully prepared both mentally and physically for September."

The off road centre will be supporting Paul with one of Stephen's Honda 250f

bikes, which should give him a smoother ride than his own Yz250 2 stroke that he is currently training on.

For more information on the record attempt visit www.24hoursofmx.com follow on twitter @24hoursofmx or make a donation at uk.virginmoneygiving.com/24hoursofmx.



■ CARE staff, Bev Dzedzej and Dee Higgins

Care home staff go head over heels to raise funds for garden

Brave staff at Care South's Mount Pleasant care home in Weymouth took part in a fundraiser with a difference last week, to raise money for a special sensory garden for residents at the home.

Six dedicated members of staff took part in a sponsored zorb activity, which involved rolling down a hill in a large inflatable zorb ball.

Clare Barber, Deputy Manager at Mount Pleasant, chose the activity because she wanted to do something out of the ordinary for her residents.

The nervous staff rose to the challenge and rolled down the hill inside their zorb balls, picking up speed and bouncing over bumps.

They emerged to cheers and ap-

plause from their fellow staff members, who went along to support them.

Clare said: "I chose Zorbing because I wanted to do something really different to raise money. Everyone was really excited about doing it, but hurtling down a hill in a giant hamster ball is a scary prospect! I'm really proud of the staff that took part."

"Once we've collected all the sponsorship money, we'll put it towards the sensory garden we're planning at Mount Pleasant."

"Having a facility like this will greatly benefit our residents who are partially sighted, or have problems with their hearing and it's something that everyone can enjoy."

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Rose queen dazzles as sun shines on fete



■ ROSE queen Sophie Butcher, 12, and her sister attendant Alice, seven

SISTERS Sophie and Alice Butcher were the church belles of the day when Wessex FM's Steve Bulley crowned them at St Edmund's Rose Queen fete, which was packed in attendance by some 300 of the Lane-house Rock Road community.

Rose queen Sophie, 12, and her attendant Alice, seven, were cheered by some 300 members of the community who marked the 54th year of the popular fete.

Besides a display of superbikes, the fete also featured Ed Hintze and the Dorset For Singers chorus, the Amberlights Majorettes, Juno belly dancers, the St Edmund's Mad Hatters and stiltswalker Kevin Hart.

The day was a marked contrast to last year's event, when the fete was drenched and one of the gazebos was blown away by the stormy weather.

Fete organiser Rod Adams said he was hoping that the top turn-out would help beat last year's total when £1,800 raised for the church.



■ ROSE queen Sophie and attendant Alice with Wessex FM's Steve Bulley



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The Christian Column

AS I SEE IT ...

by Geoff Treleven

Good advice disregarded

When I interviewed a young lad as a possible new member of my staff, there was something a little strange about him which I did not understand. But because he had told me his father had recently died, I wrongly put it down to that and offered him the job.

When I realised his unsuitability I spent many hours trying to help him. As I delved into his past I managed to contact those who had previously dealt with him. It seemed that his mother refused to accept the truth about him and had always insisted on doing things in her own way. I was advised to write and tell her he needed to have a psychological assessment.

Whilst that may have sounded extreme, it was only a repeat of what specialists had already told her. I accordingly sent the recommended letter, pointing out that I had difficulty in finding enough work that was within his capability. He then left of his own accord and I was never asked for a reference.

The point is that we should never ignore good advice just because we find it personally unpalatable. That applies very much to what we read in the Bible. (Proverbs 19:20)

If you have a news story or a photo for Weymouth or Portland please call Harry Walton on 01305 787843 or email hds Walton@yahoo.co.uk



■ A GLORIOUS summer's evening brought out the crowds when Weymouth's Radipole Primary School held its annual summer fair.

Stalls included a wine bottle tombola, sweets, chocolate, plants, books, a barbecue, refreshments, a tuck shop, glass decorating, sand art, biscuit decorating and many others.

There was even a chance to ride down narrow rails on a train or fish for ducks on a "pond".

The event was organised by Martha Bailey and Tina Cridland and Martha said: "We also had an arena for gymnastics, dancing, singing and taekwando."

"All proceeds will go to school projects particularly towards fundraising for the key stage two playground."

Pictured above is Martha Bailey on the bottle tombola and left fishing for ducks.

Go wild at Chesil Beach this summer

DORSET Wildlife Trust is pleased to host the popular Wild About Chesil event at the Fine Foundation Chesil Beach Centre on Sunday, July 28th from 10am-5pm.

There will be entertainment including Morris dancers, a live band, and activities to discover the fascinating world of bugs, reptiles, crabs and anemones found in the area.

The BBC Summer of Wildlife tour will also be there with activities for kids to get stuck into.

This is also an opportunity for Dorset Wildlife Trust to show-off the features of the centre, including the café, new interpretation and information boards and shop, filled with books, gifts and wildlife keepsakes.

There will also be a barbecue throughout the day, serving up local beef and lamb burgers.

Megan Lowe, event organiser for Wild About Chesil, said: "There will be something here for all the family, with fantastic food and a great

atmosphere. "What better way for people to discover and interact with the wildlife on their doorstep."

Marc Smith, Chesil Centre Officer said: "We are so pleased with the new centre, which has been a developing for almost a year now."

"We are very excited to share it with locals and people from further afield."

"There are some great new attractions such as exhibitions, new interpretations and of course the taste* café."

Experts from Dorset Wildlife Trust will be on hand to discuss the wildlife in the area and lead guided walks along beautiful local tracks and trails.

There will also be a chance to find out more information from the about birds, including the Little Tern.

For more information about Wild About Chesil, please contact Megan Lowe on (01305) 20619, or visit www.dorsetwildlifetrust.org.uk/events.

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Weymouth Matters

A personal View by HARRY WALTON

It's a mystery

A DISGRUNTLED Weymouth fishermen spent two hours on Chesil Beach trying for mackerel, didn't catch a thing...and then his day got worse.

He became aware that some German children had come on to the beach and were starting to throw stones into the water, ruining his dwindling chances of catching a fish...and then his day got worse.

Within a few minutes more than 50 Germans were on the beach directly behind where he was sat fishing including a bunch of teenagers.

The first thrown stone missed him by yards, so did the second but others got closer and closer, the fishermen refusing to rise to his baiting until one smacked him in the back....and then their day got worse.

Enough was enough and the fishermen turned round, stormed up the beach and told the teenagers to stop. They looked stunned and he again told them to stop and, to reinforce the message, he said: "Now!"

Having shown he could not be trifled with, the fisherman returned to his seat.

A few minutes later he glanced over his shoulder and the teenagers had gone....and so had all 50 Germans on the beach!

He said later he was a bit startled why they'd all left and equally mystified why no adult had intervened to stop the teenagers throwing stones at him.

Life still goes on...even at 5am

LIFE goes on even while we're all tucked up in our beds in the middle of the night, but I saw a different world when I had to hit the road on a job at 5am.

Out at Portland Bill it felt like a scene from some gothic horror movie with almost the entire lighthouse obscured by swirling mist....and then advancing menacingly towards me came the tap-tap-tap sound of a one-legged man with sinister intentions.

OK, so I'm using a bit of licence here, but it was pretty eerie to know that someone was walking towards you just a few yards away yet you couldn't see them.

So it was probably just as well that I didn't shout out "who's there?" because the person making their way towards me.....was a seagull stomping about on top of a rubbish bin!

What's more, the damn bird was a good hundred yards away. It only sounded so close

because the noise of its feet was amplified by the mist.

As if I wasn't jumpy enough, the lighthouse then fired up its foghorn which definitely blew away any lingering shreds of sleep.

The more I got used to my surroundings the more it became clear that there was a lot

of action going on despite the early hour.

A fishing boat dealt with its marks offshore and was soon joined by two other boats working the area, the seagull had given up its bin perch and was now attacking every bit of rubbish it could find near a cafe in the hope of finding a square meal and a steady stream of vehicles began to appear at various enterprises at the Bill.

Loads of cyclists and dog walkers loomed out of the mist, a large fishing boat clanked by and it was clear that, while many were still in bed, the day had definitely started for a lot of people and, what's more, at one of the area's more remote locations.

As for me? Well, I completed my job and went home....where everyone was still asleep in bed. I wonder if they realised what a varied start to the day they'd missed.

MAMILs enjoying the freedom of the open road

WHEN I overheard this conversation I initially thought some new animal had been discovered in Weymouth and Portland.

But the "mammal" I heard being discussed was actually MAMIL, an acronym for Middle Aged Men In Lycra.

It seems that the Tour de France glory gained by Sir Bradley Wiggins last year and the extensive coverage of this

year's event has inspired scores of men in their 40s and 50s to take to the road in his wake.

Down the garden they go to rummage enthusiastically at the back of their shed before emerging triumphant with a Sturmei Archer-gear bicycle, often complete with wicker basket on the front.

It doesn't take such lions of the road long to realise that

their middle-aged dream perhaps needs more than a middle-aged bike to achieve it.

So money is spent on a posh road bike and some colourful lycra clothing so spectators can see they are serious and off they go.

The first one I came across was tackling a slight rise on Abbotsbury Road. He'd got about half way up before being forced to stop and hold

himself for suspected rupture.

Then a friend and I on our way for a middle-aged pint came across another MAMIL example whose spare tyre wasn't strapped to a panier but included as a personal extension of his stomach, my friend explaining that this man was only one of many now enjoying the freedom of the open road ahead of a posse of paramedics. Good luck to them.

If you have a news story or a photo for Weymouth or Portland call Harry Walton on 01305 787843 or email hds Walton@yahoo.co.uk

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Looking for Dorset's young business talent

THE "Dorset's Got Talent" initiative will offer three young people in Dorset a business platform for showcasing their talent at this year's Dorset County Show.

The three chosen individuals will be selected by a panel of judges from the county. The winning candidate will be offered a free trade stand at the show or an area of the showground where they can perform their particular talent.

Any kind of talent is welcome but the individual must be aged between 18 and 25-years-old, live in Dorset and should be looking to turn their talent into a viable business.

Sam Mackenzie-Green, Dorset County Show Secretary said: "There's so much young talent in Dorset but we recognise how hard it is, particularly in this current economic climate, for young people to get started in business.

"The Dorset County Show, which attracts 55,000, visitors per year, provides an extremely valuable vehicle for getting new businesses noticed and out there.

"We are hoping to get entries from all sorts of talented individuals across the county from farriers, potters, artists, hedge-layers, cake makers or even local bands. The sky's the limit."

Nominations are invited via the website at <http://www.dorsetcountyshow.co.uk/page/dorset-young-talent-competition>.

Candidates can nominate themselves or nominations can come via third parties. The nomination must be accompanied with details of age, address, the nature of the entrant's talent and why they are deserving of this opportunity.

A form is also available from the Dorset County Show Headquarters in Dorchester.

Entries must be submitted by the closing date of August 19th. Winners will be announced on Friday, August 23rd.

Explore the creepy house this summer

YOUNGSTERS around Dorset have the chance to embark on a spine-tingling adventure this summer, and get lost in a "creepy house" of their imaginations.

Dorset County Council's libraries are again running their Summer Reading Challenge, giving children aged four to 11 a chance to read their way through the school holidays, taking part in a host of exciting events as they go. It's fun, it's fearsome, and it's totally free.

This year's challenge is based on the increasingly popular kind of books which thrill young readers without being too scary.

All children taking part will receive a free foldout poster, and be invited to join a gang of young detectives exploring the "Creepy House", discovering its secrets and meeting some of the hair-raising residents. They will need all their courage as they investigate

clues and follow a trail through "The Awful Upstairs", "The Frightful First Floor" and "The Sinister Cellar".

All they have to do is read six books of their choice over the summer, collecting stickers to add to their poster as they go. If they successfully complete the challenge, they will be awarded a medal and certificate.

To add to the spooky fun, the library service will host a programme of exciting events and activities over the holidays.

Highlights include visits from award-winning writer Ali Sparkes, plus local authors Ron Dawson, Peter J Davidson and Sarah Lean, and a series of story-telling sessions.

Councillor Peter Finney, Cabinet member for community services at Dorset County Council, said: "The Summer Reading Challenge is a wonderful initiative

- what could be better than getting children into libraries? The challenge is all about encouraging children to read for fun, building up their love of books and improving their reading skills.

"Each year the Summer Reading Challenge helps get three quarters of a million children into libraries to keep up their reading skills and confidence."

More information about the reading challenge can be found at www.dorsetforyou.com/libraries

Dorset Libraries are also looking for young people aged 16-25 to volunteer as Summer Reading Challenge Champions at libraries throughout the county. They will chat to children about books and get involved in a variety of fun events.

If you have 10 hours or more to spare before September 8th and would like to help out, log on to www.dorsetforyou.com/librariesyoungadults for more information and an online application form.

Hospital restaurant gets five star rating for third year

■ DORSET County Hospital's Damers Restaurant has received top marks for food safety and hygiene - for the third year in a row.

Environmental health inspectors awarded the restaurant and kitchen five stars following a recent inspection.

Their inspection included food hygiene and safety of food, cleanliness and structural conditions and confidence in management.

Hospital Catering Services Manager Derrick Stevens said: "The award of the five star food hygiene rating for the third consecutive year is a great achievement for the catering department and it demonstrates the importance that we give to food safety and the care of our patients and customers within Damers Restaurant.

"We could not achieve this high standard if it were not for the hard work and commitment from each and every member of the catering team."



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These dishes will blow you away

AMONG committed carnivores like myself, vegetarian cuisine is too often dismissed in trite expressions such as "a handful of nuts and pulses" – or reference to the much maligned "nut roast".

If you recognise yourself in that last sentence, it's time to take a stroll into old Lyme and allow your stereotype prejudices to be blown away in a frenzy of flavours at the delightfully friendly **Tierra Kitchen** in Coombe Street, formerly the Lobster Pot and in my childhood Wheadons Dairy where you could still buy milk straight from the cow.

As this was our first full vegetarian dining experience we thought it would be good to take along someone who knew what to expect so we invited freelance journalist Geoff Baker, who worked for one of the world's most high profile vegetarians, Beatle Paul McCartney, and has dined and some of the best veggie restaurants on this earth.

Geoff, who gives his view on the Tierra Kitchen at the foot of this column, brought along partner Jill Newton, our new town councillor, who is not a strict vegetarian but is a great advocate of a vegetarian diet.

We could not have been made more welcome when we arrived at the Tierra by waitress Cara Fachau, who is a vegetarian, and manager Ciprian Constantinecu, formerly one of Mark Hix's restaurant managers who is greatly enjoying the experience of running a more intimate family concern.

Owner Mark Evans, who previously ran the award-winning vegetarian restaurant, Café-Maitreya, in Bristol for ten years before moving his young family to the Lyme area and acquiring the Tierra Kitchen premises in Coombe Street, talked us through some of the dishes we had chosen and explained how he intends to expand the business by relocating the kitchen to the cellar to extend to the

EATING OUT IN LYME with Philip Evans (and Geoff Baker)

number of covers in the restaurant. As this was a new dining experience for us we were quite excited about our visit to the Tierra and checked the daily menu for a few days beforehand so we could see what menu choices we had.

Whilst poring over the menu, with Spanish, French and North African influences, we were served with a selection of home-made breads and juicy olives, but I had already made up my mind to start with the chilled honey-dew melon, pea and mint soup at (£6). At the last moment I switched to the basil and tomato soup (£5.50) from the lunchtime



■ **VACARO and almond ravioli with fine marinated fennel, mango, tomato and chilli salsa**

menu. It did not disappoint.

For their starters, Jill chose the goats cheese and tarragon soufflé with baby roast beetroot and raspberry vinegar (£6) and Jackie plumped for the wild mushroom and khol rabi ceviche with roast peanuts, lemon grass and coriander (£7).

Geoff selected the feta and marjoram all butter pastry galette served with red pepper and chilli ice-cream, declaring the ice-cream to be the most delicious he had ever taken.

Whilst we all agreed that our meal had got off to an impressive start, I was left to ponder on the combination of ice-cream and chilli with a starter!

The mains section offered four different dishes, priced at £11.50 or £12. Jackie ordered the Lyme Bay warm salad with crispy new potatoes, samphire, sea kale and legumes served with roast cashew nuts, cherry tomatoes and halloumi. Geoff and Jill both went for the aubergine and Applewood cheddar snitzel with crispy cous cous and a cherry and anise dressing.

Absolutely stunning

I was tempted by the avocado and almond ravioli, thinking it to be a pasta dish. It turned out the term was used because the avocado acted as the edible pouch for fine marinated fennel, mango, tomato and chilli salsa. But I certainly didn't feel cheated, especially after the explosion of flavours the avocado was harbouring. The presentation of all dishes was absolutely stunning, an art form in fact.

I'm ashamed to say that as a safety net not to be going home hungry, I ordered a side order of triple cooked chips (£3.20) with home cooked tomato sauce which in the end I hardly touched. Other side dishes included sea kale with toasted goats cheese (£5) and an organic mixed leaf salad with lemon and thyme dressing and pumpkin seeds (£3.80).

I have a notorious sweet tooth (bit of a problem for a diabetic) and headed straight for the white chocolate, hazelnut and strawberry torte with strawberry sorbet – the best six quid's worth I've had for a long time. Perhaps I should have chosen the new season cherries with almond cream and elderflower sorbet or the Ilminster strawberries, raspberries and apricots served with clotted cream ice-cream, marginally more suitable for someone with my girth.

Geoff and Jill skipped the sweet course but I persuaded Jackie to try the apricot with almond tart served with caramel ice-cream in the cause of being able to give our readers a flavour of the full menu. WE suffer for our art!

The Tierra Kitchen serve cakes and teas from 11 am to 3 pm with a more than adequate lunch/brunch, available during the same period with dishes such as a three free range omlette with sliced new potatoes, sun blushed tomatoes and Dorset red cheese (£7.50), crispy falafel and hummus (£7.50) or the Lyme Regis Mezze – hummus, tomato relish, crispy falafels, Da Vinci olives and mango salsa.

The Tierra offers a range of organic cordials, pre-dinner beers and ciders and a more than adequate wine list, ranging in price from £14.50 to £20, aperitifs and digestives. There's a nice touch also in that for every bottle of freshly chilled water a £1 donation is given to the Weldmar Hospiscare Trust.



■ **LYME Bay warm salad with crispy new potatoes, samphire, sea kale and legumes served with roast cashew nuts, cherry tomatoes and halloumi**

All dishes served are suitable for vegetarians with the menu indicating which dishes are suitable for vegans and those which are gluten free.

Geoff, the expert, waxed lyrical about the quality of the food and at last Lyme had a vegetarian restaurant to enhance the town's growing reputation as an emerging foodie resort.

My own view? The texture of the dishes I tasted were a pleasant change to my usual diet but I was knocked out by the presentation and different flavours, some of which I had never tasted before. It was an enjoyable dining experience – and one which we hope to repeat.

The Tierra Kitchen, 1a Coombe Street, Lyme Regis, DT7 3PY. For bookings telephone 01297 445189. Full information on website: www.tierrakitchen.co.uk. Children's menu available.



■ **OWNER Mark Evans pictured outside the Tierra Kitchen with manager Ciprian Constantinecu and waitress Kara Fachau**

'Up there with the best' – says Geoff Baker

WE vegetarians have a saying which we tend to use when we're mocked by omnivores for "eating rabbit food". The phrase goes, "if slaughterhouses had glass walls, we'd all be vegetarian". Having visited a slaughterhouse, I have complete conviction that the claim of is true.

But the phrase was invented in the last century; when I first became vegetarian, when meatfree eating-out in Britain was in the culinary Dark Ages and before medical research had revealed that red meat will give you many more hearts attacks than an asparagus spear.


Thanks to the pioneering recipe work of a handful of cooks including Rose Elliott, my friend Linda McCartney and, more recently, our own Hugh Fearnley-Whittingstall with his superb River Cottage Veg Everyday, vegetarian eating-out is no longer medieval in Britain.

But it has been backwatered in Lyme. I've sought

out fine veggie eating here since 1979 and the offerings have largely been rubbish. Unless it was Asian, typical veggie options in the town have been evidently pre-packed stuffs heated in the microwave, simplistic tarts or something that you can tell has been gashed together from the leftovers of the veg bought as accompaniments for meaty main courses. Sadly, a lot of cooks still seem to believe that a cheese and onion pasty is some sort of treat for a veggie.

But just like electric light, cordon vert dining has eventually come to Lyme – and how. Due to the luck of one of my previous jobs, I have eaten in many of the finest vegetarian restaurants in the world – and with some experience I'd say that Tierra in Coombe Street is up there among them for meals of top 21st Century taste

You should try it, Lyme, it will treat your taste-buds, your heart and your conscience.




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Exploring the unexplained

LOCAL publishers Roving Press, based at Frampton near Dorchester, have published a new book - Paranormal Purbeck: A Study of the Unexplained.

The book, by author David Leadbetter, features nearly 70 locations in Purbeck with first-hand, matter-of-fact accounts from more than 100 local people.

"I was aware of the old ghost stories such as the Phantom Army at Creech and Headless

Woman at Corfe but was interested to hear new accounts, so I appealed in the local papers and called at promising locations.

"After a few months it became clear there was far more material than I'd realised."

David argues that there are two ways of looking at the world: a view blinkered by dogma, prejudice and preconceived notions ('the keyhole view') and a wider vision which

takes into account more inexplicable phenomena.

He suggests we perceive the paranormal through the intuitive side of our brain - the same side that artists, musicians and writers use to produce their work.

The word 'paranormal' evokes different responses from different people.

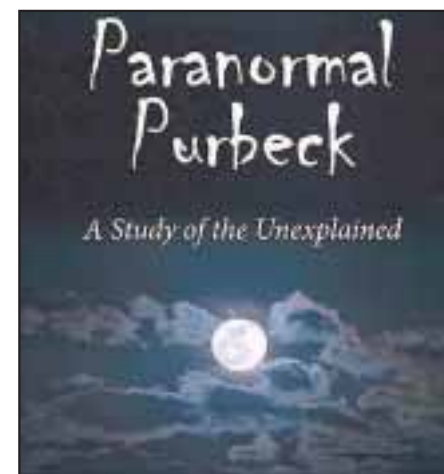
David has been studying the subject for years and was first interested

as a boy when told about his family's experiences: "My parents and maternal grandmother all had stories to tell, while some on my father's side were strictly religious and wouldn't discuss the subject; this embodied for me the different attitudes."

His study, Paranormal Purbeck is on sale locally and from the publisher www.rovingpress.co.uk.



■ AUTHOR David Leadbetter (above) and his book Paranormal Purbeck: A Study of the Unexplained



Weymouth biologist champions campaign to stop cyanide fishing

A PROJECT championed by Weymouth Sea Life Park biologist Chris Brown has been launched to try and curb the deadly practice of cyanide fishing.

It is illegal in most countries, but the use of cyanide to catch live fish for both the ornamental and food markets is still widespread in parts of East Asia.

Now a test developed by a Portuguese University research team using clown fish has for the first time made it possible to find out if a fish has been exposed to cyanide without having to kill and dissect the fish first.

The 40-plus strong network of Sea Life centres around the globe has now started random testing of newly acquired fish stocks in a bid to tackle this cruel and destructive trade.

Chris said: "Cyanide fishing has decimated fish populations and killed huge areas of coral reef from the tropical mid-Pacific right across to east Africa.

"Fishermen squirt the poison into the corals to stun fish, enabling them to make quicker, bigger and more lucrative catches, even though most of the fish caught will often be dead by the time they reach port."

The test developed by Dr Ricardo Calado at Portugal's University of Aveiro, involves transferring a fish into artificial seawater, leaving it long enough to pass waste, and then sampling the water for a specific by-product of cyanide.

Chris said: "A positive result will tell us if the fish has been exposed to the poison, which might mean it was caught using cyanide but may simply mean it was taken from an area where the poison has been

used by others.

"Either way, it will enable our suppliers to track the delivery back to source and identify the holding facility they were first housed at.

"For the end purchaser, a cyanide-caught fish can appear perfectly healthy and then die mysteriously days or weeks later."

Chris, who is based at Sea Life's main collection breeding centre in Weymouth, was shocked by the extent of the problem when he travelled to China earlier this year in search of sustainable supply sources for the Sea Life chain.

He said: "In some coastal collection centres I saw tanks full of newly-delivered reef fish which the fishermen who landed them freely admitted they had caught using cyanide.

"In the first six months we will report positive tests to our suppliers in confidence, to give them the opportunity to take action to ensure there is no repetition. If we get further cases from the same supplier and we're not satisfied enough is being done to identify and sanction the culprits, we will simply drop them.

"Once the formula is perfected for all species we will urge other aquarium operators to follow suit," said Chris, "and with everyone on board we think we can start to stem the supply of cyanide-caught fish to the ornamental trade."

Chris is also concerned at the trade in cyanide-caught fish for the live food market because most customers don't realise "they are being willfully dosed with cyanide".



■ SEA Life Park biologist Chris Brown

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Take part in the Big Ask

HEALTH organisations across Dorset have come together to ask the public to take part in "The Big Ask" - a unique survey which will help shape NHS services in the future.

Views are being sought on a whole range of NHS services, from local GPs and out of hours' services, to community, mental health and hospital services. The survey will look into how well informed the public are about the various services available locally, how they choose their health care and what services they use the most. It will also ask how people think the NHS can provide information in the most effective way. Most importantly, it will seek opinions on the NHS in Dorset - what members of the public value the most and what can be improved.

Announcing the launch of the project, Dr Forbes Watson, Chair of the NHS Dorset Clinical Commissioning Group said: "It's called The Big Ask for a reason. We are not just asking you for tick box responses. This is an in-depth analysis of your views. Everyone has a view on the NHS but the big ask is whether you are prepared to provide us with some really thought provoking responses that will help shape services in the future."

"More than 750,000 people live in the region. This survey will ensure that patients and the public are at the heart of any decisions we make about the future of the NHS in the county. It will ensure we fully understand how people use our services and what they think our priorities should be."

This is the first time that NHS organisations across the county have worked together on an exercise of this scale. It includes the major hospitals in Bournemouth, Christchurch, Dorchester and Poole working together with the newly-formed Dorset Clinical Commissioning Group, which represents the county's 101 GP practices, and Dorset HealthCare, which provides community health services across a wide range of locations.

To ensure the exercise is independent it is being carried out by Bournemouth University's Market Research Group. More than 12,000 people will be sent the survey but anyone can take part.

To take part in The Big Ask visit www.bournemouth.ac.uk/thebigask or phone Ehren Milner at the Market Research Group on 01202 961379.

Weymouth garden wins wildlife award

DORSET Wildlife Trust's Wildlife (DWT) Friendly Gardening scheme has awarded the 300th plaque to a garden in Weymouth, in recognition of the wildlife haven which has been created by its owners, Caroline Perget and Mark Hutchinson.

The impressive number of plaques now awarded by DWT proves the popularity and value of this wonderful Wildlife Friendly Gardening scheme.

The scheme focusses on providing habitats rich in plant and animal life, so wildlife can call your garden their home.

Wildlife Friendly gardening 300th plaque winner, Caroline Perget, said: "By nurturing wildlife we create a better environment for us all. The quality of our life is

influenced by the environment we live in, therefore we should care for it, and it's so much fun to discover the variety of visitors we have in our garden."

Caroline and Mark's garden has been altered beyond recognition, which not only benefits wildlife, but provides an enjoyable green space for them to spend time in.

Caroline said: "We designed a wildlife garden which is practical, pleasurable and offers a wide range of habitats to encourage new species to enjoy."

Joy Wallis, Community Conservation Officer at DWT and founder of the scheme said: "I get so many fantastic stories and photographs sent to me it just goes to show how proud people are and how much they appreciate the wildlife that comes into their gardens. It all stands to

demonstrate the importance of our gardens for wildlife - not just in Dorset, but on a national scale."

To take part in this scheme, go to www.dorsetwildlifetrust.org.uk/wildlife-friendly-gardens-scheme.

The Wildlife Friendly Gardening competition, sponsored by The Gardens Group, is now in its fourth year. The competition celebrates those who have created habitats brimming with biodiversity whether large or small.

Mike Burks, Managing Director of The Gardens Group, said: "Having a wildlife friendly garden is good for the environment, and it's a little bit of nature conservation, it's really good fun and eventually the improved biodiversity starts to look after your garden too."

Andy's coast to coast walk raises £4,000 for women's refuge



■ ANDY Davies pictured in *View from Dorchester* prior to the start of his walk

COAST to Coast walker Dorchester Rotarian Andy Davies has ended his 200 mile trek with a fundraising celebratory lunch.

His walk, and the weekend lunch, will raise money for the West Dorset Women's Refuge.

The group's chair Mollie Rennie was among those to attend the lunch at Andy's home in Maiden Castle Road.

Those at the lunch heard that overall around £4,000 should be raised for the Refuge - a charity Andy was inspired to raise money for after hearing Mrs Rennie speak about the work it does.

Former President of the Rotary Club of Dorchester

Mr Davies undertook the walk from St Bees Head on the west coast to Robin Hood's Bay on the east coast as part of his 70th birthday "celebrations".

Walking with friends he averaged 14 miles a day.

He says the walk was harder than he expected, and that the total climb - adding together all the climbs and descents, is about the same as climbing Everest.

"If I had known that maybe I would have thought better of it!", he said and added: "the main problem was getting started every day, but I wasn't going to give up on this one."

Mrs Rennie read a letter

from a child whose mother and siblings had benefitted from the refuge and said in conclusion: "this work is so im-

portant and we are very grateful for the efforts of the Rotary Club of Dorchester in helping us to continue our work."



■ CHAIR of the Women's Refuge, Mollie Rennie, chatting to Rotary Club member Janet Kennell

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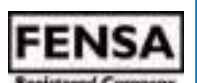
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Weymouth

Lifeboat Week 2013


www.rnli.org

28th July - 3rd August 2013

www.weymouthlifeboat.org.uk

It's that time of year again - Weymouth Lifeboat Week 2013



IT'S that time of year again, and with the absence of it last year due to the Olympics these are the dates for your diary to catch all the events in full.

Weymouth Lifeboat Station is one of the busiest Lifeboat stations on the coast, undertaking around 100 'shouts' a year, split equally between 'Ernest and Mabel' (SEVERN class Lifeboat) and 'Phyl Clare III' (Atlantic 75) covering 1330 square nautical miles. Like every Lifeboat Station in the UK and Ireland it is run and funded by the Royal National Lifeboat Institution, an organisation funded entirely through voluntary contributions.

Since the RNLI was founded in 1824, its lifeboats, and since 2001, its lifeguards, have saved more than 140,000 lives.

More and more people are using beaches and the sea for leisure and RNLI crews and lifeguards are responding to an increased number of incidents.

In 2012, 49% of launches were to leisure craft users, 20% to people ashore, 13% to people in the water, 10% to merchant or fishing vessels and 8% to other sea users.

As a charity, we depend on people like you to help us meet the cost of saving lives at sea. Our volunteer lifeboat crew members give their time for free, but they need training, well-maintained equipment, lifeboats and shore facilities. Your support means our crews can save lives quickly, safely and effectively.

Giving our lifesavers everything they need and deserve – from boots to boats – is costly. There are 237 lifeboat stations around the UK and Ireland, and our lifeguards patrol over 200 beaches each summer.

Each year it costs over £140M to run our lifesaving service. For every £1 donated, 83p goes to the rescue service, and 17p is reinvested to generate more funds.



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Weymouth

Lifeboat Week 2013

www.rnli.org

28th July - 3rd August 2013

www.weymouthlifeboat.org.uk

A host of events planned for traditional, annual fundraising event for **Weymouth lifeboat**

Sunday 28th July 2013 at 7.30pm

The week commences with the Annual Services. This is a blessing of the boats, crews and all supporters of the RNLI, with the Salvation Army band in support. Come and exercise your voices!!

Monday 29th July at 6.45pm

BBQ, Entertainment & SAR demo including Lifeboats, Coast Guard Rescue Team and Helicopter at Nothe Gardens. This event is very popular so come early!

Wednesday 31st July at 6.45pm

SAR demo including Lifeboats, Coast Guard Rescue Team and Helicopter at Bowleazes Cove. This event is very popular so come early!

Thursday 1st August 2013 at 6pm

BBQ and bar at Weymouth Sailing Club, Nothe Parade, just along from the Lifeboat Station.

Saturday 3rd August 2013 from 10.30am to 4pm

Lifeboats and Station open to the public. Come and look around both the Severn and Atlantic class Lifeboats and meet the crews. There will be videos of 'Shouts' and Life-raft on display. A display of model Lifeboats in action courtesy of the Model Club will also be afloat! Light refreshments also available. Last year over 950 people visited.



Popular SAR demo including Lifeboats, Coast Guard Rescue Team and Helicopter takes place at Bowleazes Cove



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THERE'S nothing better than hitting the beach on a sunny day. But don't let your day be ruined by trouble in the water.

With more people visiting the beach than ever before, our lifeguards and lifeboat crews have never been busier. We believe that, by providing



beach safety advice and education programmes, many more lives can be saved.

- Wherever possible, swim at a lifeguarded beach. Go to goodbeachguide.co.uk to search for listings throughout the UK, or find a lifeguarded beach in the Republic of Ireland on the Irish Water Safety website.

- Always read and obey the safety signs, usually found at the entrance to the beach. These will help you avoid potential hazards on the beach and identify the safest areas for swimming.

- When on a lifeguarded beach, find the red and yellow flags and always swim or body-board between them – this area is patrolled by lifeguards.

- Never swim alone.

- If you get into trouble, stick your hand in the air and shout for help.

- If you see someone in difficulty, don't attempt a rescue. Tell a lifeguard, or, if you can't see a lifeguard, call 999 or 112 and ask for the coastguard.

If you are hiring equipment for a surf sport, try to do so from a member of the Surf Hire Safety Scheme. Scheme members check equipment regularly for damage, rent out equipment suitable to your ability and offer safety advice for the local area.

Services in 2012

RNLI Lifeboats

8,346 launches average 23 a day

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RNLI Lifeguards

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Weymouth's current lifeboats

WEYMOUTH is one of the busiest Lifeboat stations on the coast, undertaking around 100 'shouts' a year, split equally between 'Ernest and Mabel' (SEVERN class Lifeboat) and 'Phyl Clare III' (Atlantic 75) covering 1330 square nautical miles. Like every Lifeboat Station in the UK and Ireland we are run and funded by the Royal National Lifeboat Institution, an organisation funded entirely through voluntary contributions.

Weymouth Lifeboat Station is currently home to two lifeboats, an all weather lifeboat by the name of 'Ernest and Mabel' and Phyl Clare III, the inshore lifeboat.

Ernest and Mabel



Vital Statistics - Ernest and Mabel

Class: Severn With Y Class on Board**Category:** ALB (All Weather Lifeboat)**Self-righting:** Automatic**Introduced:** 1995**Length:** 17m**Range:** 250 Nautical Miles**Speed:** 25 Knots**Weight:** 41 Tonnes**Crew:** 6**Construction:** Fibre reinforced composite**Launch Type:** Moored Afloat

Phyl Clare III



Vital Statistics -Phyl Clare III

Class: B Class**Category:** ILB (Inshore Lifeboat)**Self-righting:** Manually operated**Introduced:** 1972 (latest version 2005)**Length:** 8.5m**Range:** 3 Hours at Max Speed**Speed:** 35 Knots**Weight:** 1.8 Tonnes**Crew:** 3-4**Construction:** Fibre reinforced composite hull with inflatable sponsons**Launch Type:** Trolley

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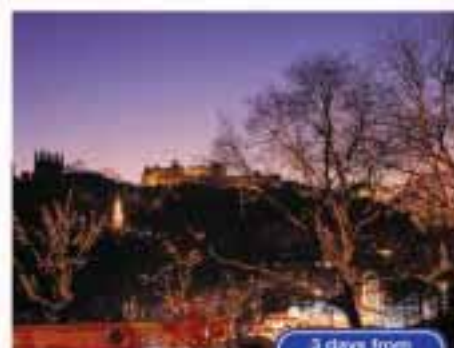
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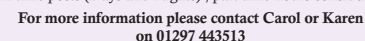
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The Perfect Strangers 9pm

Bridport Arts Centre, BRIDPORT
The Spooky Men's Chorale 8pm
Tickets £18/£17/£15.

The Crown Inn, BRIDPORT

Tripod

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Sunday 28th July

The Nag's Head, LYME REGIS
Devil's Duo 4pm

The Crown Inn, BRIDPORT
Smith & Moore
4-6pm

Thursday 1st August

115 Club, BRIDPORT

Ray D'Inverno, Tony Roberts & Pete Maxfield.

Buffet dinner 7pm for 7.30pm. Performance till 11pm. Must be pre-booked.

Friday 2nd August

Marine Theatre, LYME REGIS
Club Night: Summer Sounds

8pm-1am
Tickets £6.50. Over 18s only.

Saturday 3rd August

Marine Theatre, LYME REGIS
Whole Lotta Led Doors 7.45pm
Tickets £14/£12

The Nag's Head, LYME REGIS
Delta Tango 7 9pm

The Crown Inn, BRIDPORT

Facemelter

9.30pm

Sunday 4th August

The Crown Inn, BRIDPORT

Jamming at the Crown 4-9pm

The New Inn, EYPE
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3.30pm

Friday 9th August

Electric Palace, BRIDPORT
Limehouse Lizzy Doors 7pm
Tickets £15.50 +bf adv / £17 on the door.

Marine Theatre, LYME REGIS
Lekan Babalola and the Afrobeat Messengers

Doors 7.45pm. Tickets £14, £12 concs.
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Bridport Arts Centre, BRIDPORT

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Formby

Doors and bar 7.30pm. £12/£10 members and concs.

CRAIG CHARLES BRINGS HIS TRUNK OF FUNK TO THE PALACE

The BBC 6Music DJ comes to Bridport

BRINGING you the best there is in Soul and Funk mixed in with a little Acid Jazz and a healthy dose of Northern Soul, Craig Charles comes to raise the roof of Bridport's Electric Palace on Saturday, August 10th with his Funk & Soul show.

Craig Charles is many things. At one time or another, he's shown his talents as a performance poet, stand-up comedian, presenter, musician and actor. Broadcasting for 10 years on BBC 6Music with their primetime Saturday night Funk & Soul Show, Craig has gone from strength to strength as one of the UK's best loved Funk & Soul DJs. He has a depth of musical knowledge and an extensive catalogue of records to draw upon, to make for a superb night of funk, pop and soul classics.

"When BBC 6Music asked me to do a radio show I only had one condition: it had to be a funk & soul show otherwise I wasn't interested". And so the Craig Charles Funk & Soul Show came to being, right at the very start of 6Music in March 2002. Currently live every Saturday night for 3 hours on one of the nation's most loved music radio stations has garnered Craig global support as one of the UK's foremost Funk and Soul commentators, DJs and promoters of new music. "Since its inception I have been interested in all varieties of soul and funk music, without imposing any barriers and I am just as enthusiastic about fresh new talent as I am about the classic artists from the golden age of the 60s and 70s".

Behind the decks of his live sets, Craig Charles enjoys himself on stage as much as those on a packed dance floor, with his familiarly charismatic persona the ideal accompaniment to his selections; his energetic and zestful exuberance infec-

tious. Craig's work is steeped in the musical history of his hometown of Liverpool, the tradition of Northern soul and the legacy of the Madchester era.

There will be support ahead of Craig's set. Get your dancing shoes on and prepare to throw some funky shapes at the Electric Palace! Advance tickets are £13 plus booking fee, available from Bridport Tourist Information Centre (01308 424901) and www.seetickets.com, or £15 on the door (if available). Advance booking is recommended to avoid disappointment - tickets are already selling fast!

Admission to over 18s only; please bring ID even if you have purchased a ticket.



Craig Charles
Bringing his trunk of funk to Bridport

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SUMMER SOUNDS

A night of electro swing, hip hop, drum & bass, ska, dub and more at the Marine Theatre

BEAT junkies 2 back packers present 'Summer Sounds', a night of dancing and partying.

We have 3 DJs playing you a mix of electro swing, hip hop, jump up, drum and bass, ska and dub.

The line-up includes DJB, with his love for Ska 80s and a good bass line, LA Breakout (king of scratch) and Andy P, who has played along side scratch perverts, danny byrd, mr scruff and ugly duckling, as well as playing live hip hop with a full band. There is no music these guys can not pull out there record box... So put on your dancing shoes and do not

miss this night!

DJs:

La Breakout - hip hop, electro swing, scratch and brake beat

Andy P - hip hop, drum and bass, jump up, old school

DJB - ska, indie, 80s Dub

Club Night: Summer Sounds takes place at the Marine Theatre from Friday, August 2nd from 8pm - 1am.

All tickets cost £6.50. Strictly Over 18s Only



Very Austentatious!

"AUSTENTATIOUS: An Improvised Novel" is a comedy play spun in the inimitable style of Jane Austen – and based entirely on audience suggestions!

Following a five-star run at the Edinburgh Fringe, the cast of "Austentatious" are delighted to bring their show to the Marine Theatre. They offer you an eloquent, irreverent and 100% improvised take on the works of Britain's best-loved novelist.

Performed in period costume with live cello accompaniment, "Austentatious" is an immersive and hilarious treat for fans of Austen and improvised comedy alike. Previous titles have included "Pride and Predator", "Northanger Rabbi", and "Darcy Does Dallas". Join us for an impromptu literary masterpiece!

'Austentatious' An Improvised Novel' will be performed at the Marine Theatre on Saturday, July 27th from 7.30pm.

Tickets cost £12 (full), £10 (concessions), £7 (under 16s) or £30 for a family ticket (2 full price and 2 concessions/under 16s.) A TheatreFriends discount is available

For more details call 01297 442138 or online at www.marinetheatre.org.uk

"Constant wit and verve... a treat" ★★★★★ The Times

"Supersmart and terrifically funny... a runaway hit" ★★★★★ The Scotsman

"Witty, silly and gloriously funny, Austentatious is something you simply must fit into your social calendar for the season" ★★★★★ The Skinny

Critics Choice in The Guardian, The Times, Metro, Time Out & The Evening Standard.

Tango in West Dorset

ARE you over 50?

Do you fancy learning Argentine Tango?

David Conroy and Eric Dell are looking to put together a bid to Dorset POPP (Partners in Older People's Programme) for funding to set up an Argentine Tango group in West Dorset, and they'd like to hear from anyone

interested.

While principally for the over 50s they would also like to hear from younger people, aged 16 to 25, who fancy learning this exciting dance so that we can achieve a generation mix. You don't need a partner.

The group will meet

early evening in Bridport and will arrange expert tuition.

The hope is to start some time in October/November but need to establish the demand urgently.

Please contact: David Conroy on 07702 646940 or Eric Dell on 07957 615983.

Workshops in the Palace Friends' Room

FOLLOWING a successful first workshop in the Electric Palace's recently refurbished workshop space last weekend, the next series of workshops look set to be a scorcher.

During the summer holidays, local theatre maker and workshop leader Sarah Butterworth will be leading a series of creative making workshops ahead of Bridport Carnival, suitable for children and adults. Come and get creative!

The first of Sarah's workshops is a three-day course from Monday, July 29th – Wednesday, July 31st, 10am – 3pm. Come and build a giant 'fool' for the carnival, or take it home for your garden. Work with Sarah to build your very own colourful character in willow. Lights can be put inside your fools to make them glow at night. All ages are welcome, though under 10's must be accompanied by an adult. Places on the 3-day course are £50 each; please book in advance by emailing sarah@emeraldant.com and don't forget to wear some overalls!

Carnival Hat Making takes place on Tuesday, August 13th, with two session options: 10am-12noon or 2-4pm. Come and make a hat for Bridport Carnival! Working with Sarah use foam, collage, bits and bobs to

create resplendent headwear. Open to all ages but under 10s must be accompanied by an adult. Please book through sarah@emeraldant.com – places cost just £6 each.

Willow Fools with Sarah takes place on Thursday, August 14th, 10am-3pm. Come and make a fool on a stick for Bridport Carnival, or take it home. Working with Sarah, you will work in willow and tissue paper. Children under 10 must be accompanied by an adult. Sarah's costumes, puppets and other gizmos can be seen at www.flickr.com/photos/emeraldantics Please book through sarah@emeraldant.com – places are £20 each.

The Electric Palace is opening its backstage doors to anyone wishing to take part in or run classes and workshops. The recently refurbished Friends' Room offers a brightly lit and airy space which is ideal for classes and workshops of all types – from art classes to yoga, music workshops and lectures – and is available for hire at very competitive rates. The Electric Palace team are keen to hear from anyone interested in running future workshops – please call 01308 426336 or pop in for more info.

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Ticket & Information Line
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DISCOUNTED TICKETS AVAILABLE ONLINE
www.billy-smarts-circus.co.uk

To advertise in View 2 call Rob Coombe on 01297 446146

MARINE THEATRE
LYME REGIS *See you in the Stage Door Bar!*

Saturday 27th July
AUSTENTATIOUS:
An Improvised Novel
7.30pm
Full Price: £12.00 - Concessions: £10.00
Under 16s: £7.00 - Family (2 Full Price 2 Conc/U16): £30.00
TheatreFriends Discount Available

Box Office: Lyme Regis TIC 01297 442138
or buy online at www.marinetheatre.org.uk
Supported by Lyme Regis Town Council and West Dorset District Council

115 Club
JAZZ, BLUES, SOUL, R&B
115 EAST STREET, BRIDPORT, DORSET

RAY D'INVERNO
On Keys
TONY ROBERTS
On Sax & Flute
& Double Bass Supremo
PETE MAXFIELD

Thursday 1st August 2013
Buffet Dinner 7 for 7.30pm
Performance till 11pm

Tel: 01308 423371
www.115Club.com

ENERGISE

Stay fit and healthy in West Dorset

Over a twelve week period **Energise** will track the progress of Rob's personal fitness training at Bridport Leisure Centre.

Rob - Week 7

IT'S one week before our third weigh-in and measurement day, so we decided to take it up a level this week and focus most of Rob's workouts on Kettlebells.

For all of you who don't know, Kettlebells are like cannon balls with a handle. They vary in weight to adapt to all fitness levels and strengths. Generally speaking the heavier the weight the harder the workout! They are a very versatile piece of equipment allowing you to lift, swing or press. Combining these moves keeps the workout flowing from exercise to exercise and the best thing is you only need one piece of equipment.

The top five benefits of Kettlebell Training are:

1. Full-body conditioning. It works the whole body not separate parts which increases calorie burn.
2. Big results from spending less time in the gym. Because kettlebell training involves multiple muscle groups and energy systems at once.
3. Increased strength without increase of mass. Kettlebell exercisers are lean and toned, not bulky—a benefit that appeals to lots of women and men alike.
4. Major calorie burning potential, you can burn up to 20 calories per minute—that's 1,200 calories per hour.
5. It's a lot more enjoyable than exercising on one piece of equipment for 30 – 45 minutes as the exercises are completed varied.

Example of Rob's kettlebell workout:

- 20 Kettlebell Swings
- 10 Cleans each hand
- 10 Single Arm Swings each hand
- 20 Goblet Squats
- 10 Clean and Press each hand
- 10 High Pull each hand
- One minutes rest, repeat workout 5 times

If you would like to learn about Kettlebells why not book a Personal Training Session or a Kettlebell Course at Bridport Leisure Centre.



Fitness Tip

Females who want a leaner body shape try focusing more on Resistance Training. Working your muscles increases your fat burning potential giving you a more toned physique.

Remember to keep updated on Rob's progress Like Forever Aspire Health and Fitness page on Facebook.

To advertise in the new weekly
ENERGISE
Stay fit and healthy in West Dorset

feature call
Rob Coombe on 01297 446146
or email rob.coombe@pemedial.co.uk

bfit BEAMINSTER COMMUNITY SPORT ASSOCIATION LTD	
MONDAY	
3.45 - 4.30pm	11-16 YR OLDS TRAMPOLINING COURSE
4.30 - 5.15pm	4-10 YEAR OLDS TRAMPOLINING COURSE
5.00 - 6.00pm	SILKS AERIAL COURSE 11-16 YR OLDS
5.15 - 6.15pm	PILATES
6.15 - 7.15pm	SILKS AERIAL COURSE ADULTS (16+)
6.30 - 7.30pm	CIRCUITS
7.30 - 8.30pm	GROUP STUDIO CYCLING - Ladies Only
TUESDAY	
6.30 - 7.30pm	ZUMBA
WEDNESDAY	
4.00 - 6.00pm	GYMNASIICS
6.00 - 6.45pm	GROUP STUDIO CYCLING
7.00 - 8.00pm	BACK 2 NETBALL CLUB
8.00 - 9.30pm	VOLLEYBALL
THURSDAY	
6.30 - 7.30pm	KETTLEBELL
FRIDAY	
5.00 - 6.00pm	SILKS AERIAL COURSE 11-16 YR OLDS
6.15 - 7.15pm	SILKS AERIAL COURSE ADULTS (16+)

For further information on classes and courses please call Richard on 07792 791038 or 01308 861911

STEP BACK IN TIME!

Milton Abbas 18th Century Street Fair - Saturday, July 27th

EVERY two years an 18th century street fair takes place in the picturesque village of Milton Abbas. The present villagers recreate a historic fair to celebrate the rebuilding of the village over 225 years ago. This fair took place on St Sampson's Day as St Sampson was the patron saint of the ancient town and Abbey. Lord Damer, Earl of Dorchester, had the village of

Middleton removed and rebuilt in the valley of Milton Abbas to make way for his landscaped estates. The present day fair attracts thousands of visitors and is the perfect day out for the whole family. The Street is closed to traffic and decorated with swathes of homemade bunting. Residents and stallholders dress in 18th century costume. The rows of thatched

whitewashed cottages fronted by broad greens are the perfect backdrop for traditional market stalls and entertainment. While beer tents, local food delicacies and Dorset crafts will appeal to the adult visitors, there will also be plenty to do for youngsters, with face painting and children's entertainers.

The Milton Abbas Street Fair (between Blandford and Dorchester) runs from 11am to 5pm. Parking is free. Adult contribution of £7.00 requested at entry. Seniors £5.00, children £3.00, families £15.00.

Proceeds go to local charities and organisations.

For further information, including disabled access, please call 01258 880229 or visit www.miltonabbas.org.uk, we are also on Facebook.



STEPPING BACK | Crowds at a previous Street Fair in Milton Abbas

MILTON ABBAS 18th CENTURY STREET FAIR

(Between Blandford and Dorchester)

SATURDAY
27th July 2013
11am - 5pm

Step back in time in the picturesque village of Milton Abbas with Music & Dancing, Local Crafts, Stalls & Demonstrations, Dorset Food Market, Children's Entertainment, Food & Real Ale.....and so much more
Adults £7.00. Children £3.00. Families £15.00.
Concessions £5.00. (suggested voluntary donation)
Proceeds to local charities & organisations

For more information
01258 880229

FREE CAR PARKING
www.miltonabbas.org.uk



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from **View** newspapers in West Dorset

Kelci Dance Academy, invites YOU to come and join the fun...

70s Dance and Art week
An intense week of dance and song along with creative arts and craft.
Sunday 28th July – Saturday 3rd August
Salwayash Primary school hall
Fete performance - Sunday 4th August
Show Night – Monday 5th August
£60 Per student – reduction of price for siblings

- A full week of fun and creative dance – morning or afternoon sessions
- Classes for everyone from age 3 +, including adult classes
- Entertain your friends and family in a show at the end of the week • A village fete performance
- When you're not dancing – enjoy creating and designing props, scenery, programmes and much more
- Musical instruments and singing opportunities • A fun, enjoyable atmosphere

Everyone is welcome... (Whatever your age or experience)

Please contact Kelci to book your place, and receive your week schedule, or for further information:
Kelci Larder – 07966134410. / 01308 488 393, Kelci23@hotmail.co.uk



WINE & DINE

2013

An 8-page pull-out guide to food and drink in East Devon, West Dorset and South Somerset

*The
Harbour
at Amouth*

WIN A 3 COURSE MEAL FOR TWO*
AT OUR NEWLY REFURBISHED RESTAURANT
See our advert on page 3 and answer this following question
Which room can you hire for your private party?

Please send your entry with your name, address and telephone number on a postcard by 9th August 2013 addressed FAD Emma Moore - Harbour Inn Competition, DD&S Series of Newspapers Ltd, Unit 3, St Michaels Business Centre, Lyme Regis, Dorset DT7 3DB

*Excluding Drinks, to be redeemed by Sat 21st August 2013

Coach & Horses

THE secrets out, the Coach and Horses Winterbourne Abbas is back Celebrating first birthday under new ownership the old coaching inn, is proving a great success. It seems a lifetime ago that the pub on the main A35 closed, tired and outdated, it needed some creativity to give it a new lease of life and a sense of what is now required of a coaching inn for the modern traveller.

The new light airy interior is not what you expect when you enter, beautiful pine stripped floors that had been hidden by a 20 year old typical pub carpet. Comfy seating in the coffee lounge, to enjoy your much needed speciality coffee and homemade cake or take tea served

in china tea cups from your own china teapot, The 100 seater restaurant with a theatre kitchen which is home to large stone based pizza oven and char grill. The refurbished patio with its vast array of colour and comfortable rattan furniture makes alfresco dining a delight.

With a growing reputation for good food, the large menu offers something for everyone. The Sunday Carvery is a real winner with the full menu also available on Sundays it's advisable to reserve your table.

The old coaching inn is back to its best serving the modern travellers just what they want on a journey.

Food served all day, with breakfast from 8am and the full menu



from 12 till 9.30pm. An extensive children's menu with the modern twist of chicken nuggets and fish fingers but made fresh in our kitchen with no additives.

Gluten free menu, with gluten free pizzas and garlic bread are a sign of how this old inn has moved with the times.

With homemade classics like steak and ale pie, fish and chips, to scallops and sea bass the menu offers something for everyone REAL FOOD, FRESHLY PREPARED AND COOKED, SOURCED LOCALLY where possible. Our senior visitors can enjoy smaller portions to suit their appetite.

The extensive dessert menu is a temptation for any strong willed dinner, homemade sticky toffee pudding, marinated figs and malted vanilla ice cream and bread and butter pudding.



COACH & HORSES

FREE HOUSE

2 Pizzas & a
bottle of wine
£20 on Tuesdays

2 8oz
Rump Steaks
& a bottle of
house wine
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Alfresco dining...

While the weather is lasting out it's a great time to head to a restaurant known for alfresco dining to soak in the sun, sip a cool drink, enjoy a meal and catch up with loved ones.

Alfresco - or open-air - dining has long been a part of European living. From outdoor feasts to celebrate hunting during the Middle Ages and opulent lawn parties dur-



ing the Victorian era, alfresco dining has been adopted by restaurants around the UK.

During this unexpected heat wave you'll find restaurants and pubs offering meal service in lovely courtyards, gardens and patios on long summer evenings. And if the weather goes south, you can always take cover indoors!

The Anchor Inn

THE Anchor Inn is perfectly situated overlooking the sea in the delightful Devonshire village of Beer.

Enjoy a variety of tasty bar snacks, light bites and daily "specials" in the attractive bar and on sunnier days enjoy our menu alfresco style in our cliff top

garden. We welcome dogs in the bar area.

We welcome you to the comfort of our attractive restaurant and bar. We cater for a variety of dining occasions, offering a menu that is packed with a mouth-watering selection of freshly prepared dishes. We specialise in fish dishes, using locally caught produce. We have a lunchtime and an evening menu, giving you a huge choice ranging from light snacks to a full three-course dinner. Don't forget to check our ever-changing specials board. During the summer months you can dine alfresco style in our large cliff-top beer garden, where you can take in the beautiful sea views.



The Anchor Inn
Restaurant & Seaside Hotel

Food served daily, specialising
in fresh, locally caught seafood

Cliff-top beer garden with
panoramic sea views

Fore Street, Beer, Devon, EX12 3ET
Tel: 01297 20386



The Harbour Inn

Come and experience the relaxing newly refurbished Harbour Inn at Axmouth

OWNERS, Gary and Toni Valentine recently unveiled their new vision for the village pub, with a complete redesign, enhancing the 12th century traditional building, a brand new menu and something for everyone.

With the chance to relax in the sunshine in the patio and beer garden, snuggle with cake and coffee in the lounge with an open fire or enjoy a sit down meal from the contemporary menu; everyone can be safe in the knowledge that they can enjoy their visit.

From traditional Sunday lunches to a full English breakfast kick-starting your day; The Harbour Inn boasts a range of delicious treats. There is lots to choose from with the menu divided into themes from a New York 'on the

streets' theme inspired by a recent trip to the city, to a 'From the sea' and 'From the Land' section and 'two for one' deals to little nibbles, garden treats and sharing boards.

Inspired by their recent trip to the Big Apple; its now possible to dine out on some of the New York specials that have earned a worldwide reputation, including the classic New York chilli dog, New York sliders, pulled pork shoulder and the Juicy Lucy burger (price range £7.50 to £11.)

For those looking for a snack during the day (12 noon to 6 pm) a sandwich in a bag (tuna bagel cheese melt, ham, cream cheese and tomato and the classic BLT) can be purchased for £4.



Naughty treats' are also playing a big role, with a brand new sweets menu, packed full of retro desserts such as chocolate brownie with all the trimmings, complete with chocolate milkshake which comes in a miniature glass milk bottle with a straw; toffee apple Eton mess and peach melba knickerbocker glory.

The pub's new 'Breakfast Club' also hopes to welcome people to enjoy a full English breakfast, seven days a week, from 9am until 11.30am.

The cosy thatched pub on Church Street is known for its traditional feel, black beams and period features and has now been enhanced with new heritage colour schemes, a light, fresh and airy feel and a state of the art kitchen.

Whilst areas have been stripped out, panelled and carpeted, the traditional features such as the open fires and original beams remain in tact, giving the pub a much-needed rejuvenation and a modern twist.

The bar has been completely relocated, doubling the size of the room as you enter, and a relaxed style has been implemented with a mixture of new bespoke table and chairs for dining to comfortable zones for visitors who just want a coffee and a biscuit.

Adding to the different zones in the pub, a new 'Captains Room' is available to hire and has been created for parties, meetings and functions, with a giant specially created table set to seat twenty people; whilst you can be sure that if you're celebrating a birthday, a free bottle of bubbly will be on the table.

Quirky props such as golden clad mirrors, paddles round every corner reflecting the pub's new logo and a typewriter to hold on to the menus are also set to bring the pub alive.

The couple have always had a flair for interior design and an eye for special touches,



with their company, G&T Interiors influencing much of the new design for the Harbour Inn. The company is set to have a small outlet at the pub, selling one off quirky pieces and items inspired by the couple's travels during expeditions abroad.

Owner, Gary Valentine said: "Toni and I welcome all to enjoy their visit to the Harbour at Axmouth and we look forward to showing more of the community what we have to offer.

"We have worked hard to ensure the vision can keep every bit of the pub's character and enhance its 12th century features, whilst giving it a contemporary new look.

"We have tried to make sure that there is something for everyone, from our Captains Room for parties and meetings, to our relaxed zone and dining area and a dog friendly bar.

"We have also created our own wedding

package for just £999 where we have a complete plan including a three course wedding breakfast for up to fifty people for couples who want the perfect day without spending thousands of pounds.

"We are particularly excited about our new menu which we feel has something for all kinds of customers, and are looking forward particularly to implementing our new New York inspired section in tribute to our visit there.

"Whilst being competitively priced, we are still aiming to bring a high level of quality and customer service and are excited to show off the new changes."

The Harbour at Axmouth is open from 9am until late seven days a week.

For more information call 01297 20371 or visit www.theharbour-inn.co.uk

The Harbour
at Axmouth



Come and experience our relaxing, newly refurbished Inn

NEW exciting menu, high quality dishes at reasonable prices

How do you like your eggs in the morning? Join us for a full English breakfast, just £4.00, 9am-11.30am daily

Relax in our patio and beer garden, coffee and cake served all day

Fancy a free bottle of bubbly on your birthday, just let us know

The Captains room offers private dining for parties of 20

Don't forget to book for a traditional Sunday lunch

Two for One daily dining options available

Real local Ales • Lounge with open fire

Wednesday Ladies Night Delight
Thursday Cattle & Cork Night | Friday Fin & Fizz Night

Wedding Reception Package
from just £999
(Please call for details)

Church Road, Axmouth Devon EX12 4AF

info@theharbour-inn.co.uk www.theharbour-inn.co.uk

01297 20371

The George Inn

NEW owners Linda and her family have recently taken over The George, a 15th century traditional Inn, nestling in the heart of the picturesque village of Chardstock, close to the Devon, Somerset and Dorset borders. Bursting with olde worlde charm, linenfold panelling, large oak beams and stone mullioned windows, there's even graffiti dating back to 1649. Dine in style in the restaurant or enjoy the full menu in the bar in front of the welcoming fire. There's also the terraced beer garden for warmer days.

.....think bistro pub rather than gastro pub

The George has an eclectic menu and supports other local businesses by buying ingredients and produce from nearby farms and producers as much as possible. The menu ranges from traditional dishes like chicken and asparagus pie and fish and chips to more Mediterranean, Middle Eastern and Greek influenced dishes, like lasagne, tagines, moussaka and beef stifado (literal translation "stolen meat"). Complete your meal with a homemade rhubarb and apple crumble or apri-

cot brioche tart. All this is complemented by an extensive wine list and good selection of traditional local real ales. Once you visit this warm and friendly pub, you'll no doubt feel inclined to become one of the regulars.



The George Inn at Chardstock

Chardstock, Axminster, Devon EX13 7BX Tel 01460 220241



The George is a 15th century Inn nestling in the heart of the picturesque village of Chardstock, close to the Devon, Somerset and Dorset borders.

Recently under new ownership, Linda and family offer an excellent selection of local traditional real ales and an eclectic menu, which is prepared using fresh locally produced and sourced ingredients.

Our evening menu and Sunday lunches, are complimented by our extensive wine list.

There are also gite style letting rooms available for those who wish to stay a while and explore the local area, including the nearby Blackdown Hills and the Jurassic Coast.

Good food sourced from local producers

Restaurant, Snug and Lounge Bar

Bed & Breakfast Accommodation

Terraced Courtyard

Skittle Alley

Parties and Group Bookings Welcome

Contact Linda on 01460 220241

Cut out and bring this advert with you and receive

10% OFF
your total meat bill



Five Dials Inn

FOLLOWING an extensive renovation The Five Dials Inn re-opened in November 2009. Our aim was to create a buzzing pub serving freshly prepared seasonal food, local beers & ciders together with clean & comfortable accommodation. We hope that we are on our way to achieving this but don't take our word for it, come and see what you think!

Expect to find 3 real ales on the bar, full time residents include 'Otter Bitter' and 'Sharp's Doom Bar' as well as a guest. We are proud of our Cask Marque accreditation and take the quality of our beer seriously!

We also offer a comprehensive selection of wines from around the world supplied by Regency Wines and are spoilt for choice here with tradi-



tional local ciders from Perrys in Dowlish Wake and Burrow Hill (as well as their unique and famous Somerset Cider Brandy). We also stock Thatchers Gold and Dry Blackthorn.

Managed by Head Chef Kirsty Earnshaw, our kitchen produces fresh seasonal food with a daily changing specials board. Emphasis is placed on keeping flavours simple and unpretentious with fresh fish daily from Brixham and meat, game and vegetables from local suppliers.

We are situated at the foot of the Blackdown Hills within easy reach of the local market town of Ilminster, close to Taunton and transport links for A303, A358 & M5



THE FIVE DIALS INN

Pub, Kitchen & Accommodation

Serving simple and great tasting seasonal dishes with daily changing specials and variety of fresh fish daily.

Why not dine in our new exotic garden this summer!!

Goose Lane, Horton, Ilminster,
Somerset TA19 9QH

01460 55359

Opening times: Tues to Thurs
11am-3pm & 5pm-11pm.
Fri to Sun 11am-Midnight



The Salty Monk

SET just outside Sidmouth this little oasis has, over the last 14 years, won numerous awards for its accommodation, food and the gardens.

Constantly evolving The Salty Monk has opened a new Brasserie, serving the best quality casual eating, open for Lunch thurs to sun and dinner every day. The menu has something for everyone, with starters, mains, lite bites, platters to share and wicked Desserts.

Voted "The best Coastal Cream Tea in Devon 2013" they also serve Afternoon Tea and Champagne Teas daily.

The main Garden Room Restaurant serves dinner every evening and Lunch on a Sunday. A beautiful venue for celebration parties or weddings

with menus tailored to your special day, and with 6 luxurious ensuite rooms, residents can be pampered, enjoy a treatment in the Dragon Fly Spa or a Hot tub

experience.

With a large private Car Park and gardens The Salty Monk really does have something for everyone.



ENGLAND'S BED & BREAKFAST OF THE YEAR BRONZE 2013

The Salty Monk

NEW BRASSERIE OPEN THE ABBOTS DEN

MORNING COFFEE - DAILY | LITE LUNCHES - WED - SUN
AFTERNOON TEAS - DAILY | CASUAL DINING - DAILY

TO COMPLEMENT OUR AWARD WINNING RESTAURANT

DINNER | SUNDAY LUNCH | BOUTIQUE ACCOMMODATION | CAR PARK

www.saltymonk.co.uk 01395 513174
Sidmouth, Devon EX10 9QF

The White Horse

THE White Horse in Haselbury, with over 20 years' experience in some of London's finest restaurants, Richard & Rebecca Robinson decided to escape to the country & buy The White Horse. Having grown up in Broadwindsor, Rebecca was keen to return to this beautiful part of the world whilst Richard was extremely easy to convince with so much fantastic local produce & the stunning Dorset coast with its abundance of seafood.

"For us the experience of the great British pub is as important as fine wine and food; you can come here for our homemade Scotch eggs and local Ales or for diver caught scallops, Dorset snails and our 40 day aged steaks".

We look forward to welcoming you to The White Horse!

The White Horse, Haselbury Plucknett, Somers-

set, TA18 7RJ Tel: 01460 78873 www.thewhitehorsehaselbury.com Follow us on twitter @thewhitehorseRR



The White Horse

Haselbury Plucknett, Somerset TA18 7RJ Tel: 01460 78873

Come and try our new beer garden, alfresco dining also available

The White Horse is located in the beautiful village of Haselbury Plucknett in rural Somerset. Our menu is inspired by French & British classics, we also offer local cask ales & an interesting wine list.

Please visit our website for more details and upcoming events
www.thewhitehorsehaselbury.com
To reserve a table please call 01460 78873

The Bull Hotel

STEP in off the bustling market streets of Bridport and discover the wonderful world of the Bull Hotel.

Easy-going, informal and bursting with life, this former 16th century boutique coaching inn, lovingly restored by owners Richard and Nikki Cooper, oozes

eclectic style and contemporary - rustic charm.

The Bull Hotel boasts an excellent restaurant that is as popular with locals as it is with hotel guests.

It's not just the food that the Bull Hotel has to shout about. The Venner Bar, is now one of the

trendiest places to be, with a wide range of cocktails being served by mixologist Lloyd Brown and his team. Open from 5.30pm Wednesday to Saturday and from 12 noon on a Sunday, the Venner Bar boasts a chilled atmosphere, with relaxed seating, and outstanding cocktails to match.



▲ Lloyd mixing a drink in the Bull Hotel's stylish Venner Bar.

Beefing up Bridport since 1593

This weather calls for outdoor dinning!

The Bull Hotel

Soak up the sunshine in our beautiful courtyard. Breakfast, Saturday Brunch, Lunch, Dinner, Coffee, Cream Teas, Cakes and Cocktails.

Local seasonal food seven days a week

34 East St, Bridport | info@thebullhotel.co.uk | www.thebullhotel.co.uk | 01300 422 078

THE BULL HOTEL

Longs Fish & Chips

Get 10% off at Longs this summer with this voucher!

THIS summer View From readers can get 10% off at Longs Fish and Chips in Bridport, by taking in the voucher on this page.

Longs have two locations in Bridport, the restaurant in King Street, and the take away in West Street.

Many people that visit and live in the town know the popular Chippie's location in West Street, but the restaurant in King Street offers so much more, but is, astonishingly, less well known. Walking down king street, you may be fooled from the outside thinking it is just a take away with a few seats, but the

restaurant seats up to fifty two, and has so much more to offer than just Fish and Chips.

The restaurant in King Street wants to shout about what they can offer, and they are right to do so, it really isn't your typical chippie. Of course they serve the highest quality, local, freshest fish and chips around, but the specials menu boasts some wonderful home cooked food as well. Delights such as Breast of Duck, with a honey and ginger sauce and Brie, Potato, Courgette and Almond Crumble, served with vegetables or salad are just an example of what you can expect.

Head chef, and owner, Graham has also created his own recipe for Faggots. Customers can reminisce the good old days, when you would have lined up with your bowl to get faggots, chips, peas and gravy, a real trip down memory lane.

In West Street you will find Longs' other branch, open 7 days a week, serving traditional fish and chips. It's not just a take-away either with seating upstairs, over looking the busy market town. If you are of retirement age, why not take advantage of the Senior Citizen's Special? Available from 11:30am to 1:30pm Monday to Friday, you can choose from Cod, Sausages, or Fishcake, served with chips, peas, and garnish, followed by ice cream or rice pudding AND tea or coffee, all for just £6.50.

Go on, save yourself from the washing up, and enjoy a traditional fish and chip takeaway from Longs in West Street.



The Stable



LOCATED behind the famous Bull Hotel in East Street sits the most sociable eatery in Bridport, The Stable. It's simple food, that's simply amazing. They proudly source prime local ingredients from Dorset's finest growers and producers to create their totally unique, West Country inspired dishes.

They are pretty serious about Cider too, it's an integral part of The Stable. That's why they offer such a huge variety. "Hopefully you'll start your love affair with the wonderful nectar, right here in Dorset's cathedral to cider. We also have a fine selection of other drinks, but you'd be mad not to try a cider."

55+
TYPES
OF CIDER




VISITING DORSET

IS ONE THING, TASTING IT IS SOMETHING ELSE ALTOGETHER

WE PROUDLY BOAST DORSET'S FINEST

PIZZA, PIES & CIDER

THE LOCALS MIGHT WANT US TO KEEP IT A SECRET, BUT

FOOD THIS GOOD NEEDS TO BE SHARED.

COME DOWN TO THE STABLE WEYMOUTH OR THE STABLE BRIDPORT &

EAT WHERE THE LOCALS EAT

@THESTABLEDORSET



**AWARD
WINNING
PIZZA**

Behind The Bull Hotel
No.34 EAST ST. BRIDPORT
01308 426 876
info@thestabledorset.co.uk | www.TheStableDorset.co.uk

★ THE ★

STABLE

Above The Harbour Weymouth
No. 13 CUSTOM HOUSE QUAY, WEYMOUTH
01305 789 389
facebook.com/TheStableDorset | twitter.com/TheStableDorset

Win a Seafood Platter for two worth £57.50!*

A selection of Seafood comprising Lobster, Crab, Mussels, Tiger Prawns, Shell on Prawns, Clams, Cockles, Scallops & Oysters served with Salad & home-made Bread Certain items may be subject to change according to the different seasons & availability.

To be in with a chance of winning this superb platter please send your name, address and telephone number on a postcard by 9th August 2013 addressed to:
FAO Jemma Moore Seafood Platter,
DD&S Series of Newspapers Limited,
Unit 3 St Michaels Business Centre,
Lyme Regis, Dorset DT7 3DB

**Prize to be preordered and redeemed
between November 2013 and end of
February 2014*



Beaminster Brasserie

Dine Alfresco for a true taste of summer at the BridgeHouse

ENJOY the perfect summer with our Gold Taste of the West award winning menu beneath a wonderful 'Gazova'.

Our new brasserie menu is a treat for everyone: for seeing friends, catching up on the local news and gossip, talking business or just simply enjoying the superb food, wine and fresh air!

Open outside 7 days a week for breakfast, lunch, dinner and afternoon tea

Tel: 01308 862200 BridgeHouse Hotel, 3 Prout Bridge, Beaminster, DT8 3AY
www.beaminsterbrasserie.co.uk
www.bridge-house.co.uk
Email: enquiries@bridge-house.co.uk



Pebbles Coffee House

WELCOME to the Little Craft Shop based at Pebbles Coffee House, a new and exciting venture set up by proprietors Jayne, Peter and daughter Sarah, with a passion for all things crafty.

The Little Craft Shop is open exclusively on Mondays and Tuesdays for private workshops and organised craft parties.

For 2013 the aim is to expand into child and adult workshops, including beginners classes. The contemporary and fun workshops will provide you with the opportunity to learn new skills, exercise your creative side with sewing, cross-stitch and knitting opportunities or making unique and beautiful paper and card crafts, in the laid back and sociable café setting.

If you are celebrating something special we also run, fun and creative parties - perfect for children's birthdays, hen parties, baby showers or any other occasion. Or you can simply come in to make a special card for a special someone or create and personalize your party or wedding invitations.

We offer computer-aided design; new customers will be shown how to design their projects with the Sizzix Big Shot Pro, Craft Dragon and Die Cut and Embossing machines. Other computerized machines will be arriving shortly. We stock and sell a

large range of craft papers, cards and embellishments from well known brands such as Sizzix, Joanna Sheen, Crafters Companion and Hunkydory. You can pick and choose items to ensure a personal touch to your greeting cards, gift boxes and origami projects. The craft machines, desks and

supplies are available to buy if you wish to continue the hobby at home. We also stock baking equipment including cake decorating moulds and children's baking products.

Follow us on facebook
littlecraftshoppebblescoffeeshop /Seaton



PEBBLES

Coffee House & Restaurant

Wednesday - Saturday
10am - 5pm

Sunday **10am - 4pm**

Freshly Cooked Food

Segafredo
Serving Europe's Number 1 Coffee

4 Marine Place, Seaton **01297 23400**

Little Craft Shop

Come and craft or stock up on your crafting materials

Wednesday Sunday
10am - 5pm

Jayne & Sarah Shaw
thelittlecraftshoppebbles.co.uk

Celebrating our 2013 Taste of the West Gold Award

BEAMINSTER Brasserie
at the BridgeHouse

13th Century former priests' house with choice of dining areas including stunning alfresco

AA 2 Rosette brasserie restaurant open daily for breakfast, lunch, afternoon tea and dinner

3 Prout Bridge, Beaminster DT8 3AY • 01308 862200
enquiries@bridge-house.co.uk • www.bridge-house.co.uk

With summer here, it's time to start thinking al fresco meals and drinks. Whether you find yourself in town, country or by the sea, What better way to enjoy the English countryside or seafront than with a picnic? Put down a rug and enjoy the outdoors with easy to share salads, pies, tarts and sandwiches. If the weather turns sour, bring it all inside and have yourself an indoor picnic

To drink...

Make a batch of essential elderflower cordial for a light, summery, quintessentially British drink.

Ingredients

About 25 elderflower heads
2 lemons
1 orange
90g citric or tartaric acid
(available from chemists)
2kg caster sugar



Method

1. Put the elderflower heads in a large preserving pan or clean bucket and squeeze the juice from the lemons and the orange over them, then add the citric or tartaric acid. Cut the squeezed fruit into large chunks and add these to the preserving pan or bucket.
2. Put the caster sugar in a separate pan with 1.5 litres water and bring to the boil. Reduce the heat and simmer, stirring constantly, until all the sugar has dissolved. Pour the syrup over the flowers, cover and leave for 24 hours.
3. Strain the liquid through clean muslin, pour into sterilised bottles

To eat...

Curried Scotch Eggs

The key to a good Scotch egg lies in leaving the yolk creamy rather than totally hard boiled

Ingredients

8 fresh free-range eggs
400g coarse ground pork mince,
made from the belly and
shoulder
125g streaky bacon, rind
removed and finely chopped
1 tsp ground black pepper
1 tsp mild curry powder
Flour, for dusting
250g fresh breadcrumbs
Sunflower oil, for deep-frying



Method

1. To boil the eggs, put 6 into a pan of cold water and bring to the boil. Boil for 4 minutes, then plunge into cold water for another 4 minutes. Peel immediately and set aside.
2. Mix the mince, bacon, pepper and curry powder in a large bowl. Season, dust your hands with the flour and pick up about 50g of mince. Flatten the mix in your right hand and, with your left, grab an egg and wrap the mince around it until it is fully encased. Repeat for all 6 eggs.
3. Beat the remaining eggs and roll each Scotch egg in the remaining flour, then dip in the egg and roll in the breadcrumbs.
4. If you have a deep-fat fryer, set it to 160°C. If not, fill a deep pan two-thirds full with oil and put over a medium heat for 5 minutes. Test the oil by adding a cube of bread. If the bread turns golden after a minute, you are good to go. Fry the eggs in batches of 3 for about 10 minutes, until the coating is golden brown. Cool completely on kitchen paper before packing

To eat...

Greek Salad - A simple recipe for a classic salad made with cucumber, onion, tomatoes, black olives and Greek feta cheese

Ingredients

1 cucumber, halved
lengthways, deseeded
and diced
1 large onion, thinly sliced
6 plum tomatoes, cut into
chunks
24 pitted Greek black
olives, halved
225g feta, diced
1 head cos lettuce, torn



For the dressing

2 tbsp fresh lemon juice
6 tbsp extra-virgin olive oil
1 garlic clove, crushed
2 tbsp fresh oregano or thyme

Method

1. Put the diced cucumber, onion, tomatoes, olives and feta into a bowl. Toss in the lettuce. Whisk the dressing ingredients and plenty of seasoning together.
2. Shake the ingredients for the dressing together and pour over the Greek salad to serve

To eat...

Chocolate and Raspberry Cake - Drizzle melted chocolate over the cake and carefully arranging raspberries and pink marshmallows on top

Ingredients

250g butter, softened, plus extra
250g self-raising flour
1 tsp baking powder
225g drinking chocolate powder
250g light soft brown sugar
4 eggs, lightly beaten
3 tbsp milk
200g frozen berries (raspberries,
blackberries and blueberries)



For decoration

200g white chocolate, broken up
Fresh raspberries
Small pink marshmallows
Candles

Method

1. Preheat the oven to 180°C/fan160°C/gas 4. Grease and base line a 30cm x 20cm cake tin. Sift the flour, baking powder and drinking chocolate into a large bowl.
2. In another bowl, cream the butter and sugar together until pale and fluffy. Gradually add the eggs, beating well after each addition. Add the flour mixture and milk and gently mix until combined.
3. Spoon the cake mixture into the tin and poke in the frozen berries. Bake for 45 minutes, covering with a double layer of baking paper halfway through to prevent it browning too much, until risen and cooked. When you press the cake lightly, it should bounce back. Cool in the tin slightly, then turn out and cool on a wire rack.
4. To decorate, put the chocolate into a bowl. Rest the bowl over a pan of gently simmering water and leave to melt, stirring occasionally. Carefully remove the bowl from the saucepan.
5. Using a teaspoon, drizzle the chocolate in lines across the cake. Arrange the berries, marshmallows and candles on top before serving.

The art of grilling fish

Grilled fish is a delight, but grilling fish and seafood can seem a bit intimidating. Actually, it's not hard at all to get great results. Here are some basic tips to get you started:

• A HOT fire is key. You want to cook seafood quickly to retain the natural juices and flavor.

• A CLEAN grill rack is equally important. Fish will stick to a dirty rack and make turning the fish difficult.

• OIL the rack when the barbecue grill is hot, just before you're ready to cook. Also, oil the fish whenever possible. Use a high-temperature oil, such as grape seed, peanut, or plain olive oil.

• SKIN side up or down? Conventional wisdom says to cook the skin side first, but doing the opposite gives a nicer, crusted surface on the non-skin side, and the skin helps the fillet hold together for turning. The result is a moist, more appealing fillet. Try it and you'll see.

• FISH will hold together better and be less likely to stick if you leave it alone during grilling. Cook it for the estimated time, then try lifting it carefully.

• A WIDE, thin spatula is essential for flipping and removing

fish. Having two close at hand is even better.

• IF you're grilling thin fillets, or just want to make life easier, you can grill fish and seafood in the type of double-sided, long-handled grilling rack used for hamburgers and steaks. There are also specially shaped ones made for grilling whole fish.

• A GOOD rule of thumb is to grill fish for a total of 10 minutes per inch of thickness (measured at the thickest point.) So if you have a half inch thick fillet, grill it for about 3 minutes on one side, then flip

it and cook for 2 minutes more.

• AVOID sugary marinades or glazes, especially with thick fillets or whole fish, as the sugars can burn and turn bitter before the fish is fully cooked.

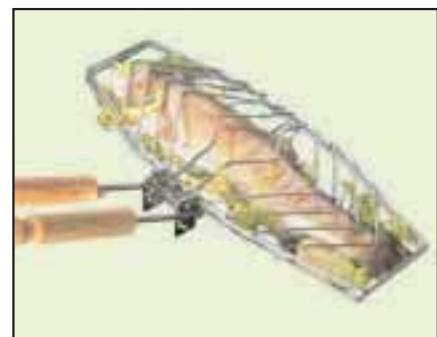
• AS with other methods, fish is fully cooked when it begins to flake and is opaque at the center. Some fish, like salmon and tuna, are often served while still somewhat 'rare', like steak.

• TUNA, salmon, swordfish, halibut, mahi mahi, barramundi, trout, mackerel, yellowtail, and sea bass are some of the best fish to grill.



Macsorsons

MACSORSONS Fishmongers have been trading on the borders of Devon and Dorset since 1890 and the current proprietor Gerald Mills, has owned the business since 1982. Macsorsons offer a wide selection of locally caught fresh fish direct from Lyme Regis boats and Brixham market. Locally-caught crabs, lobsters and whelks arrive direct from Lyme Regis boats and are



cooked and hand picked daily at the Axminster premises. Oak smoked haddock, mackerel and Loch Fyne kippers are delivered daily and Macsorsons fillet, skin and prepare any fish to suit your requirements. The shop in Silver Street, Axminster is open Tuesday to Friday from 9am to 5pm and Saturdays from 9am to 1pm. Their mobile shop trades in Bridport on Wednesday and Saturday, Axminster on Thursday and Langport on Friday.

Telephone 01297 32253 or 07711 756575 or visit the website www.macsorsons.co.uk



FRESH FISH SMOKED FISH & SHELLFISH

We offer a wide selection of locally caught fresh fish direct from Lyme Regis boats and Brixham Market.

Locally caught crabs, lobsters and whelks direct from Lyme Regis boats cooked and hand picked daily at our Axminster premises

Oak smoked haddock, mackerel and Loch Fyne Kippers

Silver Street, Axminster
Tel: 01297 32253 Mob: 07711 756575



Woodsmoke and Wild Words

REBECCA Smart is a storyteller inspired by the deep connection between myth and nature. "I was hooked by storytelling at 5.00 in the morning in a dark hut in the corner of a field in Somerset – and have been telling ever since."

From a background in improvisation, poetry and theatre, Rebecca has performed at festivals, on stage and radio and in schools. "I have told in

many strange corners of the land, from windblown cliff tops and ancient orchards to tram tunnels beneath the city."

On Friday, July 26th she will bring her tales of 'Woodsmoke and Wild Words' from Eastern Europe to the Story Café at Bridport Arts Centre. The performance begins at 7.30pm and tickets are £7 / £6 members / £5 concessions, available at the box office, by phone

01308 424204 or via the website www.bridport-arts.com



Rebecca Smart

CHARITY SUMMER GARDEN PARTY AT THE PYMORE INN

THE Pymore Inn is holding a traditional family Garden Party and Fete on Sunday from 4.00pm in aid of Help for Heroes.

During the afternoon there will be competitions to enter, Fancy dress for children and for mums to bake a classic Victoria sponge and for children to bake and decorate six cup cakes, the recipes for both will be on The Pymore Inn Facebook page with other information.

There will be many other traditional stalls, competitions and games in the garden such as a Tombola, cake stall, Treasure hunt, and in the marquee there will be a bar and teas and coffees and other refreshment will be available, there will also be a Barbecue.

In the evening the day will be rounded off with a family disco hosted by Steve

and an Auction to raise a little more money for this great cause, food will be also available to purchase with the event finishing at 10.30pm.

We would welcome reasonable items that could be auctioned and we have room for more exhibitors please contact us.

Barry and Irene said, "the aim of the afternoon is not only to raise some money for this worthy cause but for families and visitors to come and relax and have some fun and enjoy themselves at this traditional style village event".

For further information please visit The Pymore Inn Facebook page - rules for the baking competition and recipe will be listed on this page, or call Barry or Irene on 01308 422625.

Top Abba tribute set to make Squirrel Inn's Picnic in the Park a 'Gold' event

THE Squirrel Inn is located in the small hamlet of Laymore on the West Dorset and South Somerset border. The Inn boasts a fantastic beer garden, which has fantastic views of the countryside and a large children's play area. There is a large function room and restaurant, with room for 90 people seated or 150 for a buffet; it's the ideal location for your private function, wedding or party. Or if you are having a party and have a licensed venue, but need a bar, they are fully licensed for outside bars, just phone the Inn for more details.

The Squirrel Inn also has a lovely open log fire, which helps to create a cosy atmosphere on the colder nights, and with a choice of real ales always available it's a great place for a relaxed drink. You can find great value for money as well, not least on Wednesdays and Sundays. Wednesday night

is steak night, with two rump steaks for £12, and there is a carvery on Sunday with a choice of two meats with all the trimmings for just £7.

There are regular events held throughout the year at the Inn, including live music on a number of Saturdays, and the next charity bingo night planned for September 14th.

The biggest event on the horizon is undoubtedly the Picnic in the Park, and Real Ale festival, on Saturday 10th August, with live music from the magnificent ABBA Gold! With 11 real ales, numerous ciders, a BBQ, and the band playing on an outdoor stage, it promises to be a great day. There is free car parking and camping available, and tickets are just £10 in advance. Tickets can be purchased either from the Squirrel Inn - 01460 30298 - or from Ron Bicknell on 01297 34621, who is also happy to supply a map for those that aren't

sure how to get there. ABBA Gold are renowned as the best

ABBA tribute act around, having appeared on the BBC, and

played Wembley Stadium, so this truly is an event not to be missed!

OPEN AIR THEATRE ON THE MILLENNIUM GREEN

ILLYRIA PRESENT
BABE
Sunday 28 July, 7pm
Dick King-Smith's heartwarming tale of friendship, courage and determination is vividly brought to life on the Millennium Green. Suitable for ages 5+

SCULPTURE ON THE BEACH
Get creative down on the beach and bring all the family to join in. Make wonderful sculptures and wild art from found objects on Hive Beach.
Sunday 28 July, from 11am

BRIDPORT ARTSCENTRE
9 SOUTH STREET
BRIDPORT DT6 3NR
BOX OFFICE: 01308 424204
WWW.BRIDPORT-ARTS.COM

ABBA GOLD
The Dancing Queens UK Presents

APPEARING AT
The Squirrel Inn Laymore nr. Winsham
on
Saturday 10th August 2013
7pm to 10.15pm • Gates open 5.30pm
Tickets £10 in advance or £12 on the night
Non-refundable.
Picnic In The Park and Real Ale Festival
Tickets available from Squirrel Inn 01460 30298
or Ron Bicknell 01297 34621
Free car parking and camping
"Often copied, never beaten"

View 2 Diary Dates

UNTIL WEDNESDAY AUGUST 7TH

LYME REGIS: Terrain - paintings by Julie Oldfield at Courtyard Gallery, The Town Mill, DT7 3PU, daily 10.30am-4.30pm. Free admission. For more details visit www.townmillartsguild.com and www.julieoldfield.com

WEDNESDAY JULY 24TH - SATURDAY JULY 27TH

BURTON BRADSTOCK: Burton Bradstock Players are performing 'Calendar Girls' in Burton Village Hall at 7.30pm. Tickets £8 from Gillian Perkins 01308 898707

THURSDAY JULY 25TH

BRIDPORT: Exchange Recipes & Coffee & Chat at Beach & Barnicott upstairs at 2.30pm. Located in Bridport. Organised by 50 Plus Circle of Friends. An easy and comfortable way of meeting and making new friends. Please call Jennifer at 01308 538395 for more info

WEST BAY, BRIDPORT: The annual RNLI Raft Race on the River Brit from 6.30 pm, followed by live music on the green adjacent to the harbour. For details call Alan on 01308 427212.

FRIDAY JULY 26TH

BRIDPORT: Canasta. Play cards in an easy and comfortable way while meeting and making new friends. Also scrabble and Rummikub groups. Organised by 50 Plus Circle of Friends. Please call Jennifer at 01308 538395 for more info

SATURDAY JULY 27TH

UPLYME: Ballroom, Latin and some Sequence Dancing from 8pm-10.30pm. At Uplyme Village Hall. £4.50 in aid of Hall funds. For more details call 01297 442439.

BRIDPORT: Charades & Coffee & Chat at Beach & Barnicott upstairs at 2.30pm. Located in Bridport. Organised by 50 Plus Circle of Friends. An easy and comfortable way of meeting and making new friends. Please call Jennifer at 01308 538395 for more info

SATURDAY JULY 27TH & SUNDAY JULY 28TH
LYME REGIS: Hobby & Craft Fayre will be held at The Pilot Boat Inn from 10.00am. To include Handmade Crafts, Homemade Jams and Chutneys, Vintage and Collectables. Profits to "Force" Cancer Charity. For more details call Jean on 01297 21508.

SUNDAY JULY 28TH

BRIDPORT: Antiques and Vintage Sunday. Enjoy the atmosphere, browse and shop from 10am, at all the Antique Shops, with extra stalls outside, plus The Red Brick Café in the Art & Vintage Quarter on the St Michael's Trading Estate.

LYME REGIS: Lyme Regis Art Society will be holding an Exhibition and Sale of paintings, folios and other arts and crafts in the Marine Shelters. Open from 10 a.m. to 5 p.m. 20% of all sales will be donated to the RNLI.

WEST BAY, BRIDPORT: West Bay Women's Institute Fete at the Salt House in West Bay, from 10am-4pm. Refreshments, stalls and great fun!

MONDAY JULY 29TH

LYME REGIS: Lyme Regis Art Society will be holding an Exhibition and Sale of paintings, folios and other arts and crafts in the Marine Shelters. Open from 10 a.m. to 5 p.m. 20% of all sales will be donated to the RNLI.

TUESDAY JULY 30TH

BRIDPORT: Bridport Summer Yoga, 10.45-12.15pm at St Mary's Church Hall, South Street. A different teacher each week. For more details call 01308 485544.

TUESDAY JULY 30TH - TUESDAY AUGUST 6TH

WEYMOUTH: Billy Smart's Circus at Lodmoor Country Park. 2.30pm and 7pm daily, except Tuesday August 6th 2.30pm only. Adults £12-£24, children £10-£18.

WEDNESDAY JULY 31ST

UPLYME: Snakes Alive - Not photographs but the real thing. Take a close up look with this talk and display of snakes and exotic reptiles by 'Tiny Boas' of Exeter. At Uplyme Village Hall from 7.30pm. Adults £3, Children under 16 £1 - from Uplyme Post Office, RNLI shop and the lottery kiosk or ring Brian Cursley 07831 533580. Profits to Lifeboat Week. Organised by Uplyme and Lyme Regis Horticultural Society

THURSDAY AUGUST 1ST

BRIDPORT: Coffee & Chat along with Birthday Celebrations at Beach & Barnicott upstairs at 2.30pm. Located in Bridport. Organised by 50 Plus Circle of Friends. An easy and comfortable way of meeting and making new friends. Please call Jennifer at 01308 538395 for more info

BRIDPORT: Bridport Electronic Organ Club at United Church Hall, East Street from 7.30pm. Ian House, National Yamaha Keyboard Specialist. Admission £8, members £7, visitors welcome.

SUNDAY AUGUST 4TH

SALWAY ASH: Salway Ash Fete from 1-5pm. Western Theme, Fancy Dress Competition, Car Boot, Pig Roast, Pony Rides, Vintage Cars, Model Railway.

MONDAY AUGUST 5TH

LYME REGIS: Fundraiser for McMillian Nurses. Family Lunch Soup & Sandwiches & Rummikub from 1.00pm, organised by the 50 Plus Circle of Friends. An easy and comfortable way of meeting and making new friends. Please call Jennifer at 01308 538395 for more info

TUESDAY AUGUST 6TH

BRIDPORT: Bridport Summer Yoga, 10.45-12.15pm at St Mary's Church Hall, South Street. A different

Fruit farm



FORDE ABBEY FRUIT FARM

NOW OPEN!

for Strawberries & Gooseberries

Raspberries, Jostaberries, Redcurrants & Blackcurrants coming soon!

Info: 01460 30460

Forde Abbey Fruit Farm 4m SE Chard
9.30am - 6pm daily weather permitting
www.fordeabbey.co.uk

Art exhibition



56th Annual Exhibition

In the Allsop Gallery,
Bridport Arts Centre,
South Street, Bridport

31st July - 10th August
(closed 4th and 5th August)
Open daily 10am - 4pm
Admission Free

CINEMA LISTINGS

Friday, July 26th - Thursday, August 1st
ALL LISTINGS ARE SUBJECT TO CHANGE

LYME REGIS REGENT

Tel: 0871 230 3200

www.scotcinemas.co.uk

Monsters University^U

Fri-Sun, Tue-Thu: 14.30, 17.30, Mon: 13.15

The World's End¹⁵

Fri-Sun, Tue-Thu: 20.15, Mon: 16.00

WEYMOUTH CINEWORLD

Tel: 0871 200 2000

www.cineworld.co.uk

The World's End¹⁵

Fri-Sun, Tue-Thu: 12.40, 15.40, 18.30, 20.20, 21.20

Mon: 12.40, 15.40, 18.30, 20.20

Monsters University^U

Fri-Tue: 10.30, 11.30, 12.20, 13.10, 14.10, 15.00, 15.50, 17.40, 18.30, 19.45

Wed: 10.30, 12.20, 13.10, 15.00, 15.50, 17.40, 18.30

Thu: 10.30, 12.20, 13.10, 15.00, 15.50, 17.40

Despicable Me 2^U

Fri, Sun, Tu: 11.15, 12.10, 13.45, 14.40, 16.15, 17.10, 18.45, 20.00

Sat: 12.10, 14.45, 14.40, 16.15, 17.10, 18.45, 20.00

Mon: 11.15, 12.10, 13.45, 14.40, 16.15, 17.10, 20.00

Wed & Thu: 11.15, 12.10, 13.45, 14.40, 16.15, 17.10, 18.45

Pacific Rim^{12A}

Fri-Tue: 16.50, 21.15, Wed & Thu: 21.15

The Wolverine^{12A}

Fri-Tue: 10.30, 11.15, 12.00, 13.30, 14.15, 15.00, 16.30, 17.15, 18.00, 19.30, 20.15, 21.00

Wed & Thu: 11.15, 12.00, 14.15, 15.00, 17.15, 18.00, 19.30, 20.15, 21.00

Now You See Me^{12A} Fri-Wed: 21.10

The Smurfs 2^U

Wed & Thu: 10.00, 11.40, 12.40, 14.20, 15.20, 18.00

The Heat¹⁵

Wed & Thu: 17.15, 20.00, 21.00

All Stars^U Sat: 10.15am

Madagascar 3^{PG} Sat: 10.30am

The Croods^U Daily: 10.00, 10.05am

BRIDPORT ARTS CENTRE

01308 427183

www.bridport-arts.com

Stories We Tell^{12A}

Thu: 19.30, Sun: 19.30

DORCHESTER PLAZA

Tel: 01305 262488

www.plazadorchester.com

The Smurfs 2 (3D)^U

Wed & Thu: 17.30

The Smurfs 2 (2D)^U

Wed & Thu: 12.20, 15.00, 20.00

The Wolverine (3D)^{12A}

Daily: 20.20

The Wolverine (2D)^{12A}

Daily: 11.30, 14.20, 17.20

Despicable Me 2^U

Fri-Sun: 12.20, 15.00, 17.30

Mon: 12.00, 14.30, 16.50

Tue: 11.20, 17.30,

Wed & Thu: 11.50, 14.40

Monsters University^U

Daily: 12.35, 15.10, 17.50, 20.30

Pacific Rim^{12A}

Fri-Sun, Tue: 20.00

The World's End¹⁵

Fri-Tue: 11.50, 14.40, 17.40, 20.40

Wed & Thu: 17.40, 20.40

DORCHESTER ODEON

Tel: 0871 22 44 007

www.odeon.co.uk

The Wolverine (2D)^{12A}

Fri, Sun-Thu: 15.30, 18.10,

Sat: 15.30

The Wolverine (3D)^{12A}

Daily: 12.50, 20.50, plus Sat: 18.10

Social club

BRADPOLE
SOCIAL CLUB

Saturday 10th August

BINGO

Eyes down 8pm,

great prizes to be won

Saturday 14th September

BINGO

Eyes down 8pm,

great prizes to be won

Members and guests welcome

Guitar lessons



GUITAR LESSONS

Telephone: 01308 482302
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Beginners welcome

Guitar lessons in the comfort of your own home

I provide fun, interesting and rewarding guitar lessons to people of all ages and abilities. (CRB checked)

Contact Peter for details

This Week's releases

THE WOLVERINE^{12A}

IN modern day Japan, Wolverine is out of his depth in an unknown world as he faces his ultimate nemesis in a life-or-death battle that will leave him forever changed. Vulnerable for the first time and pushed to his physical and emotional limits, he confronts not only lethal samurai steel but also his inner struggle against his own immortality, emerging more powerful than we have ever seen him before.

Spin-off from the X-Men franchise starring Hugh Jackman, Rila Fukushima and Will Yun Lee.

THE HEAT¹⁵

AN uptight FBI Special Agent is paired with a foul-mouthed Boston cop to take down a ruthless drug lord. Crime comedy starring Sandra Bullock, Melissa McCarthy and Demian Bichir.

THE SMURFS 2^U

The Smurfs team up with their human friends to rescue Smurfette, who has been kidnapped by Gargamel since she knows a secret spell that can turn the evil sorcerer's newest creation - creatures called the Naughties - into real Smurfs.

Voices from Hank Azaria, Neil Patrick Harris and Jayma Mays.

View 2 Diary Dates

teacher each week. For more details call 01308 485544.

THURSDAY AUGUST 8TH

BRIDPORT: Coffee & Chat at Beach & Barnicott upstairs at 2.30pm. Located in Bridport. Organised by 50 Plus Circle of Friends. An easy and comfortable way of meeting and making new friends. Please call Jennifer at 01308 538395 for more info

THURSDAY AUGUST 8TH - WED AUGUST 28TH

LYME REGIS: Exhibition: 'Out and About' in the Courtyard Gallery, The Town Mill from 10.30-4.30pm daily. Free admission. For more details visit www.townmillartsguild.com

SATURDAY AUGUST 10TH

UPLYME: Ballroom, Latin and some Sequence Dancing from 8pm-10.30pm. At Uplyme Village Hall. £4.50 in aid of Hall funds. For more details call 01297 442439.

WEYMOUTH: Radipole & Southill Horticultural Society are holding their Summer Show at Southill Community Centre, Radipole Lane. All are welcome to enjoy the display of horticulture, plus cookery, crafts, and floral art, not forgetting the children's exhibits, from 2.15pm at the Centre. There will also be refreshments, a raffle and plant sales, and the Mayor and Mayoress will present the prizes at 4pm. Further details available from Peter or Julie Flannery on 01305 772533.

SUNDAY AUGUST 11TH

BURTON BRADSTOCK: Burton Bradstock Festival Opening - Tea Party in the Rectory Garden. Free music. Teas available.

MONDAY AUGUST 12TH

BURTON BRADSTOCK: Burton Bradstock Festival: The Carravick Sisters (bluegrass and folk) and Kyam Al-lami (Oud) at St Mary's Church. 7pm. Tickets £12/£10.

BURTON BRADSTOCK: Burton Bradstock Festival: Late Night Recital: David Juritz (violin) and Adrian Bradbury (cello) play Britten and Bach. 9.45pm. £8.

MONDAY AUGUST 12TH - SUNDAY AUGUST 18TH
BURTON BRADSTOCK: Art Exhibition in the village hall. Part of the Burton Bradstock Festival of Music and Art.

TUESDAY AUGUST 13TH

BRIDPORT: Bridport Summer Yoga, 10.45-12.15pm at St Mary's Church Hall, South Street. A different teacher each week. For more details call 01308 485544.

BURTON BRADSTOCK: Burton Bradstock Festival: Norburton Hall Recital. David Juritz (violin), Milos Milivojevic (accordion), Craig Ogden (guitar) play Sarasate, Turina and Poulenc (with light lunch) from 12.3pm. £12.

BURTON BRADSTOCK: Burton Bradstock Festival: Jazz Concert with David Gordon (keyboards), Russell Bennett (trumpet and Flugelhorn) and Sandy Burnett (double bass) at St Mary's Church. 7pm. £15/£12

BURTON BRADSTOCK: Burton Bradstock Festival: Late Night Recital: Natalia Lomeiko (violin) and Yuri Zhislin (viola) play Halvorsen and Rolla. 9.45pm. £8.

WEDNESDAY AUGUST 14TH

BURTON BRADSTOCK: Burton Bradstock Festival: Lunchtime concert by conductor, jazz bassist and broadcaster Sandy Burnett at St Mary's Church from 1pm. £5.

BURTON BRADSTOCK: Burton Bradstock Festival: Chamber Concert with Michael Cox (flute) and Anna Hashimoto (clarinet) playing Mozart, Brahms and Verdi at St Mary's Church from 7pm. £15/£12.

BURTON BRADSTOCK: Burton Bradstock Festival: Late Night Recital - Craig Ogden (guitar) and Milos Milivojevic (accordion) play homages by Britten and Bach. 9.45pm. £8.

THURSDAY AUGUST 15TH

BRIDPORT: Coffee & Chat at Beach & Barnicott upstairs at 2.30pm. Located in Bridport. Organised by 50 Plus Circle of Friends. An easy and comfortable way of meeting and making new friends. Please call Jennifer at 01308 538395 for more info

BURTON BRADSTOCK: Burton Bradstock Festival: Operatic Inspirations with Claire Bradshaw (soprano) and the Festival Players playing Wagner, Verdi and Poulenc. £15/£12.

BURTON BRADSTOCK: Burton Bradstock Festival: Late Night Recital - David Gordon (harpischord), Michael Cox (flute), David Juritz (violin) and Adrian Bardbury (cello). 9.45pm. £8.

FRIDAY AUGUST 16TH

BURTON BRADSTOCK: Burton Bradstock Festival: Orchestral Finale - Festival Players and all the stars of the week playing Britten, Mozart, Lutoslawski, Bach, Faure, Sarasate and more. At St Mary's Church from 7pm. £15/£12.

THURSDAY AUGUST 22ND

BRIDPORT: Coffee & Chat at Beach & Barnicott upstairs at 2.30pm. Located in Bridport. Organised by 50 Plus Circle of Friends. An easy and comfortable way of meeting and making new friends. Please call Jennifer at 01308 538395 for more info

Email your Diary Dates to
rob@pemedi.co.uk
Deadline midday Monday.

Visit the newly refurbished Coach and Horses in South Perrott

TRAVEL to the Coach and Horses in South Perrott near Beaminster and you will find a warm welcome and a freehouse that has been completely transformed under new Landlady Jane Holdsworth. The pub has kept its cosy feel, with a choice of local real ales, but now boasts a much larger bar and a lovely spacious restaurant. The Inn also boasts a large beer garden, which has been basking in the recent sunshine, as well as pool table and a skittle alley.

In the restaurant you will find authentic pub food, with a number of home cooked favourites and classics, including Steak and Chips; you can get a lovely 10oz Sirloin with all the trimmings for just £12.95.

The Sunday Carvery remains ever popular, and pro-

vides unbeatable value. You can indulge yourself with a choice of 3 meats for £7.95, then, if you have room, enjoy a pudding for just an extra £2! Alternatively, if this hot weather makes you want to waver from the traditional Sunday Roast, but you still want your fix of roast meat, you can enjoy a Pork or Beef bap, with chips, for just £6.50.

The Coach and Horses also have regular live music, bingo, and theme nights, with 'Chillies Indian Night' the next on the agenda on Monday 29th July. On Chillies night patrons can enjoy 2 courses of freshly prepared Indian cuisine for only £9.95 per person.

However it's the accommodation side of things that have seen the biggest transformation. There are four B&B rooms, which now have a contemporary design with beautiful en-suite bathrooms.

If you're looking for a Dorset get away, or some great local accommodation for your guests, look no further than the Coach and Horses at South Perrott. For more information visit www.dorsetbedandbreakfast.com or call 01935 891270.



FINE DINING | The renovated dining area is spacious and elegant



GREAT OUTDOORS | Relax in the beer garden



TRADITIONAL | The bar is much larger following the recent refurbishments



ON TAP | The Coach and Horses has a selection of popular beers

Dance classes

Love to Dance?
Come and learn
with Glenn Bayliss

Ballroom, Latin and Sequence Classes

Mondays:

St Andrew's Community Hall, Charmouth
1pm **Beginners Rumba** ~ 2pm **Improvers Tango**

Willowbed Hall, Chickerell

7.15pm **Beginners Foxtrot** ~ 8.30pm **Sequence**
£5 per class

Thursdays:

St Mary's Church Hall, Bridport

7.15pm **Beginners Rumba** ~ 8.30pm **Sequence**
£6 per class or £10 for both

No need to book just turn up.

For more information contact 07505 798 258
or shallwedancethe@hotmail.co.uk

*A friendly welcome from the
new management awaits you at*
The Coach and Horses
at South Perrott
01935 891270

Our specialities

10oz Sirloin steak & trimmings £12.95

Lunchtime baguettes £5.25

Cheese or Ham Ploughmans £7.50

Sunday 12-3pm

Carvery £7.95, £10s £3.50

or Pork/beef bap or burger n' chips £6.50

Riverside beer garden • Free pool table
Open 12-3pm weekdays, 6pm-late
Saturday and Sunday 12pm-late
Food 12-3pm, 6-9pm 7 days a week

Chillies Indian night - Monday 29th July
Freshly cooked 2 courses
£9.95 per person

THE PYMORE INN

Summer Dining Offer
2 MAIN MEALS FOR £15
(off the business dining menu during July and August)
Booking advisable - Lunch and Dinner
Tuesday - Friday

Senior Citizens Lunch
Wednesday and Thursday
2 courses for £10

Pymore, Bridport, Dorset
01308 422625

ALPACA EXPERIENCE

Visit an Alpaca Farm
Learn about these
enchanting animals
Take a farm walk in the
beautiful West Dorset
Countryside
Enjoy a Dorset Clotted
Cream Tea

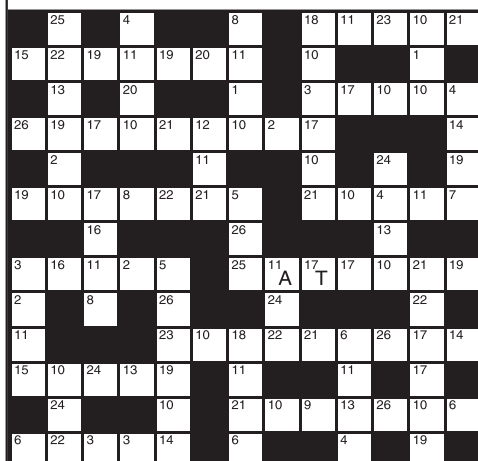
TO BOOK
TEL 01308 422625

Brain Gym

No.231

Codeword

Each number in the grid represents a different letter of the alphabet and every letter of the alphabet is used. Use the given letter(s) to the right of the main grid to start you off.



LAST WEEK'S SOLUTION:

1	2	3	4	5	6	7	8	9	10	11	12	13
B	I	Z	R	F	S	G	D	C	E	A	M	N
14	15	16	17	18	19	20	21	22	23	24	25	26
P	X	W	K	O	Q	V	Y	J	H	L	U	T

Double Crossword

Choose either quick or cryptic clues - both fit the same grid.

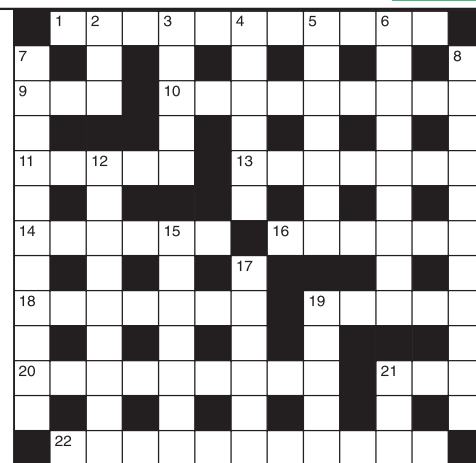
Cryptic Clues:

Across

- High cultivated features of modern cities (4-7)
- Everything, we hear, for shoe-makers (3)
- Dreadful come-down for Alpine travellers (9)
- Fashionable race-course for a northern Briton (5)
- Siamese knit-wear? (4-3)
- Shelter for fliers (6)
- A donkey, it's about to help (6)
- Trampled, with or without study (7)
- Regal part of Troy, a long time ago (5)
- Their guns will be broken, you can safely bet on that! (4,5)
- He has nothing inside for the gardener (3)
- Their husbands didn't leave them unconsolated, apparently! (5,6)

Down

- Naturally, it lacks refinement (3)
- Spread strongly over the East (5)
- Stays will change a waist (6)
- Record books I'd come up to sign (7)
- Need no luxury (9)
- He will fall on his enemies (11)
- He prefers to be a man lacking spirit (11)
- A crowd of a hundred heading the right way (9)
- He will be called to account (7)
- I've now become available for inspection (2,4)
- Stiff clothes I'd put on (5)
- Cut out of the will (3)



Quick Clues:

Across

- Forerunner (11)
- Pinch (3)
- Clock (9)
- Proposal (5)
- Copy (7)
- Misanthropes (6)
- Selfish person (6)
- Long curl (7)
- Compact (5)
- Get rid of (9)
- In the past (3)
- In turn (11)

Down

- Slash (3)
- Put off (5)
- Perpetrate (6)
- Young tree (7)
- At work (9)
- Not anxious (11)
- Hatred (11)
- Monetary (9)
- Clash (7)
- Reach (6)
- Handle (5)
- Everybody (3)

Sudoku

	2			3		6		
	6	4	8		7	5	2	
		1			3			
		7	3		1	9		
1							3	
		2	5		4	8		
		6		3		1		
	1	3	4		5	2	8	
	9						5	

Fill in the grid below so that every column, every row and each of the 3x3 boxes contains all the digits from 1 to 9.

LAST WEEK'S SOLUTIONS >

6	2	5	7	9	3	4	1	8
4	1	7	6	2	8	5	9	3
9	3	8	5	1	4	6	7	2
3	4	6	9	5	7	8	2	1
2	7	9	8	4	1	3	6	5
5	8	1	3	6	2	9	4	7
7	9	4	1	8	5	2	3	6
1	5	2	4	3	6	7	8	9
8	6	3	2	7	9	1	5	4

LAST WEEK'S CROSSWORD SOLUTIONS:
CRYPTIC - Across: 1 Logs; 3 Saw-bills; 9 Frisked; 10 Cubit; 11 Overthrowing; 13 Extent; 15 Joiner; 17 Heart-disease; 20 Baton; 21 Transit; 22 Dressers; 23 Stay. Down: 1 Left-over; 2 Guide; 4 Adders; 5 Backwoodsman; 6 Lebanon; 7 Site; 8 Skating-rinks; 12 Priestly; 14 Trestle; 16 Editor; 18 Asset; 19 Abed. QUICK - Across: 1 Pert; 3 Preserve; 9 Erasers; 10 Trite; 11 Schoolmaster; 13 Raffle; 15 Falter; 17 Discourteous; 20 Ennui; 21 Verbose; 22 Ordinary; 23 Grit. Down: 1 Pleasure; 2 Reach; 4 Resume; 5 Satisfactory; 6 Raiment; 7 Ewer; 8 Recollection; 12 Prospect; 14 Feigned; 16 Quiver; 18 Odour; 19 Zero.

A unique 4 Bed house in Pymore, BRIDPORT for £499,500
Watermusic, 8 Queenwell, DT6 5PG



Watermusic is a large detached four bed, two bathroom house of local Blue Venn stone under a slate roof. Designed in the style of a mill building it has the charm of the River Brit flowing along one boundary and a low maintenance, multi – level decked private rear garden reaching down to the river. The house faces south and is especially light with large windows to all main rooms, full gas central heating, a large double garage and room to park six cars within it's grounds.

Inside the rooms are modern, light and airy, with great views across the river & fields. Built in 1998 it is well maintained and has been extensively updated to the highest standards. Luxury bathroom & dressing room ensuite to vast master bed plus new luxury kitchen with double height ceiling. Low maintenance external cladding, double glazed throughout & high security locks to ground floor.

We would be delighted to show you around this beautiful home.

Ring Janet or Mike on 01308 428219 or 07779 728844
Email: janet.haines@btopenworld.com
<http://pymorehouseforsale.weebly.com/>

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Name _____

Address _____

Telephone No. _____

Payment can be made over the phone by credit or debit card or by cheque made payable to Devon, Dorset & Somerset Series of Newspapers Limited

Spacious four bedroom detached cottage



JEREMY Smith, manager of Symonds & Sampson estate agents in Beaminster is delighted to have been chosen to market a fine and spacious detached cottage which lies in a country land just a few minutes from Beaminster town centre.

A particular feature of this property are the good size gardens in which it stands which extend to circa 2 acres. Jeremy commented "it is rare to find a property so close to Beaminster town centre with such land, therefore we advise early viewing to avoid disappointment".

The property itself is arranged over two floors as follows:- Porch, good size sitting room with inglenook fireplace, study, dining room, rear hallway, cloakroom, kitchen/breakfast room, whilst on the first floor is a gallery landing, master bedroom with en-suite shower room, three further bedrooms, family bathroom.

Outside as previously mentioned are good size gardens and paddock and parking for six-eight vehicles which in turn leads to a double garage. There is also an extension to the kitchen to the rear, which is virtually complete but has not actually been put through into the original kitchen.

Symonds & Sampson are quoting an asking price of £650,000 for the freehold and serious offers will be considered.

If you wish to view why not contact Jeremy, Erica, Kate or Jane on 01308 863100 to arrange a viewing.

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A dedicated property supplement in your local
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BRIDPORT

Sunny 2 Bed
Cottage
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DG, Large Sitting
Room

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fsbrentals@btconnect.com
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PROSPECTIVE LANDLORDS:

Due to successful letting we have a shortage of properties for our waiting applicants. For a free valuation and expert advice on letting your property please call 01297 21120.

LYME REGIS - £695 PCM

A TWO BEDROOM FIRST FLOOR APARTMENT SITUATED CLOSE TO TOWN CENTRE WITH VIEWS TO THE SEA FROM THE LOUNGE. PROPERTY COMPRISES: LARGE DUAL ASPECT LOUNGE/DINER, FITTED KITCHEN TO INCLUDE ELECTRIC OVEN AND HOB, ONE DOUBLE AND ONE SINGLE BEDROOM, BATHROOM AND SEPARATE WC. ELECTRIC HEATING. GARAGE AND PARKING. EPC RATING: F

WESSEX COURT - £675 PCM

TWO BEDROOM GROUND FLOOR PURPOSE BUILT FLAT WITH GARAGE AND PARKING SPACE. PROPERTY CONSISTS OF KITCHEN, GOOD SIZED LOUNGE / DINER WITH PATIO DOOR ONTO JULIET BALCONY, SHOWER ROOM AND TWO BEDROOMS. EPC RATING: D

HONITON - £695 PCM

MODERN 3 BED SEMI-DETACHED PROPERTY IN CUL-DE-SAC LOCATION. LOUNGE, KITCHEN/DINER, CLOAKROOM, MASTER EN-SUITE, FAMILY BATHROOM, GARDEN, PARKING. GCH. EPC RATING: 75

ROUSDON - £800 PCM

A WELL PRESENTED FURNISHED MEWS COTTAGE SET WITHIN A MAGNIFICENT 350 ACRE ESTATE WITH ACCESS TO PRIVATE BEACH. LARGE KITCHEN/DINING ROOM, SITTING ROOM WITH WOOD BURNING STOVE, TWIN BEDROOM, SHOWER ROOM, DOUBLE BEDROOM WITH EN-SUITE BATHROOM, LARGE FURNISHED ATTIC SPACE, PARKING. EPC RATING: E

fsbrentals.co.uk

The Letting Factory.com



Call Kym on
Bridport, Beaminster & Dorchester 01308 458911
Lyme Regis, Seaton & Axminster 01297 600097

BRIDPORT £795 PCM



NEW

Looking for a large garden. Then look no further than this spacious 3 bed house, separate garden office, GARAGE and o/st parking, close to the town centre, views, spacious through lounge, kitchen, modern bathroom. Available August.

SALWAY ASH £695 PCM



A delightful 3 bedroom thatched cottage in this sought after village close to Bridport, kitchen/diner, pretty garden, stripped floor boards, some original features, parking, AVAILABLE NOW!

NORTH CHIDEOCK £795 PCM



NEW

A three bed very spacious detached bungalow in excellent condition throughout, rural location close to Bridport, spacious rooms, good size garden, bright & airy, recently modernised, stunning views. Call NOW!



PYMORE £595 PCM



NEW

A modern ground floor 2 bedroom flat in this much sought after riverside development close to Bridport, large lounge, modern fitted kitchen, bathroom & ensuite shower, parking, Available NOW!

CHARMOUTH £565 PCM



Only internal viewings will allow you to appreciate the size of this period converted flat in the heart of this seaside town, large lounge with dining area, spacious kitchen, short walk to beach, available NOW!

WALDITCH £535 PCM



NEW

Located in this period building is this one double bedroom ground floor flat with conservatory, own entrance, spacious rooms, modern kitchen, high ceilings and big windows, parking, internal viewings advised!

BEAMINSTER £525 PCM



A top floor large 2 double bedroom flat in the town centre, recently redecorated, into eves, large lounge, modern kitchen and bathroom, neutral décor, available NOW!

View more Properties, Pictures & Letting Information on our Website:

www.thelettingfactory.com

Email: info@thelettingfactory.com



Pennys

estate agents

01297 22224
Seaton Office

Coldwell Lane Terrace, Axmouth

£269,950

NEW



- Three bedroom semi-detached house
- Living room with wood burner
- Dining room
- Kitchen
- Family bathroom
- Oil fired central heating and Upvc double glazing
- Lawned front and rear gardens
- Parking for two cars
- Idyllic location in the village of Axmouth
- Open countryside views
- Energy Performance is to be confirmed

Old Road, Beer

£650,000



- Superb modern detached house
- Spacious lounge and large separate dining room
- Modern fitted kitchen/diner
- Three bedrooms (master with en-suite)
- Further family bathroom
- Separate WC
- Spacious sun terrace with views of the sea
- Separate two bedroom chalet
- Ample parking for several vehicles
- Beautiful landscaped gardens with stunning views
- Energy Performance is D



Gordon Terrace, Beer O.I.E.O £345,000

- A five bedroom, characterful village house
- Four letting bedrooms & one bedroom owners accommodation
- Successfully traded by our clients for 16 years
- Ideal village centre location close to beach
- Sealed unit double glazing
- Gas central heating
- All letting bedrooms en-suite
- Garden to rear
- Ideal lifestyle business opportunity
- No onward chain
- Energy Performance is C

Bunts Lane, Seaton

£525,000



- Pillared open porch
- Reception hall
- Inner hall, cloakroom
- Living room, kitchen/breakfast
- Utility room, boiler room
- Ground floor bedroom, En-suite shower
- Conservatory
- Galleried landing, family bathroom
- Two further bedrooms - Master en-suite
- GCH, uPVC DG, landscaped gardens
- Garage and ample parking
- Energy Performance is D



Church Street, Axmouth

£250,000

- Terraced, character cottage
- Three double bedrooms
- Lounge
- Modern kitchen/diner
- Family bathroom and downstairs WC
- Enclosed garden
- Beautifully presented throughout
- Thatched roof and Grade II listed
- Idyllic Village location
- Perfect for a second home or holiday rental investment



Fosseyway Court, Seaton £145,000

- Communal hallway with lift and stairs providing access to the fifth floor landing
- Private hall and galley style kitchen
- Lounge/dining room with sun balcony
- Three good size bedrooms and bathroom / WC
- uPVC framed double glazing and electric heating
- Superb views of the Axe Valley, Axe Cliff, the beach and out to sea
- Allocated under cover parking space available separately
- Prominent, sought after position
- Internal viewings recommended
- Ideal investment, retirement, holiday or permanent residence
- Energy Performance is D

Ridgeway Lane, Colyton

£699,000



- Spacious multiple aspect living room with wood burner
- Open plan dining room and stunning integrated kitchen
- Sun lounge / conservatory and large balcony
- Four bedrooms, master en-suite and luxury bathroom
- Oil central heating and sealed unit double glazing
- Large garage/workshop and parking for several vehicles
- Various stables, pole barn and former cow shed
- Exceptional panoramic countryside views
- Extensive landscaped gardens and paddocks
- Very private yet accessible location
- Energy Performance is E



Sea Hill, Seaton

£135,000

- Ground floor, one bedroom flat kitchen/diner
- Lounge with bay window
- Modern fitted bathroom
- Private rear courtyard garden
- Sea views
- Within easy access to the beach and local amenities
- Original features
- Internal viewing recommended
- NO CHAIN
- Energy Performance is E



Colyvale, Colyton

£199,950

- Recently constructed three bedroom house
- Modern well fitted kitchen
- Lounge with french doors leading into rear garden
- Two en-suite shower rooms
- Family bathroom with jacuzzi bath
- Upvc double glazing throughout
- Gas central heating
- Easy maintenance front and rear gardens
- Off road parking for two vehicles
- Internal viewing highly recommended



Boundary Park, Seaton

£275,000

- Detached family home
- A master bedroom with an ensuite shower room
- Three further bedrooms and a study
- Lounge and dining room
- Kitchen
- Family bathroom and downstairs WC
- Single Garage and driveway
- Rear garden
- Gas central heating
- Located in a popular residential area of Seaton
- Energy Performance is D



Riverdale Close, Seaton

£120,000

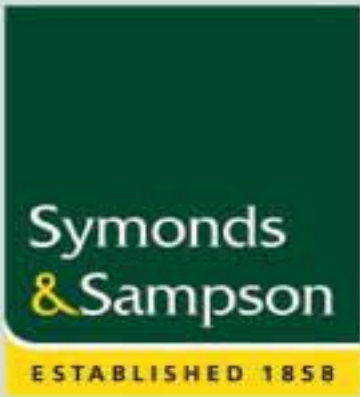
- Spacious first floor flat
- Two Bedrooms
- Modern Fitted Kitchen
- Gas central heating
- UPVC Double Glazed Windows
- Lawned communal grounds
- Peaceful location
- Uninterrupted views of the marshes and hills beyond
- Internal viewing recommended
- Plenty of residents parking
- Energy Performance is C



Gribble Mead, Colyton

£157,000

- Mid terrace bungalow
- Peaceful, convenient location
- Two bedrooms
- Living room
- Fitted kitchen/dining room
- Sealed unit double glazing
- Gas fired central heating
- Good sized lawn garden with sun terrace
- Walking distance to the town
- Ideal retirement purchase
- Energy Performance is D



Dorset • Somerset
Devon • Wiltshire
Hampshire • London



Stockland Hill, Honiton

£850 pcm

Set within a small community of 6 houses, this beautifully presented cottage has a large living room with a log burner, dining room with wooden floors and a luxury fitted kitchen with white goods. There are three bedrooms and a family bathroom. It has a pretty garden consisting of a lawned area and a wild flower border and enjoys lovely countryside views. There is off road parking for two cars and a shed for outside storage. LPG Gas central heating. EPC Rating F. The cottage is offered unfurnished and is available immediately with well behaved pets and children welcome.

Web Ref: ACC100203

Axminster 01297 32879



Axminster £480 pcm

A one bedroom ground floor flat situated a short walk from the town centre and its amenities. Fully enclosed rear garden. On street parking. Pets considered. EPC Band D. Available early August.

Web Ref: ACC060245

Axminster 01297 32879



Birchill £575 pcm

Rent to include Council Tax & water. A part furnished two bedroom annex situated in a rural location on a working farm and enjoying beautiful countryside views. Small pets and children considered. EPC Band E. Available immediately.

Web Ref: AXL080037

Axminster 01297 32879



Axminster £650 pcm

A modern two bedroom coach house situated on the outskirts of Axminster. Benefiting from garage and rear garden. Children considered. EPC Band C. Available mid August.

Web Ref: ACC110185

Axminster 01297 32879



Axminster £750 pcm

A spacious and well presented three bedroom terraced house situated within walking distance of the town centre. Benefiting from enclosed rear garden and garage. Long term let required. Would suit mature professionals. Pets considered. EPC Band D. Available immediately.

Web Ref: ACC070445

Axminster 01297 32879



Beaminstor £475 pcm

One bedroom self contained first floor flat with an enclosed and secluded garden, situated in a quiet location close to the town centre. A small pet considered. EPC Band D. Available immediately.

Web Ref: BRI130187

Bridport 01308 459565



Beaminstor £595 pcm

A modern semi-detached house situated on the outskirts of Beaminstor. Benefiting from two double bedrooms, enclosed rear garden and off road parking for two cars. Children and pets considered. EPC Band C. Available immediately.

Web Ref: ACC090391

Bridport 01308 459565



Bridport £695 pcm

A three bedroom character property with spacious accommodation and rear garden, situated within walking distance of the town centre. Children and a pet welcome. EPC Band C. Available immediately.

Web Ref: BRI130149

Bridport 01308 459565



Burton Bradstock £1,250 pcm

A modern and well presented four bedroom detached family home, situated in this sought after coastal village. Enclosed garden and large double garage. EPC Band C. Children and a pet considered. Available late August.

Web Ref: ACC090390

Bridport 01308 459565



Toller Porcorum £750 pcm

A four bedroom converted stable cottage in a village location. Beautiful original features. Driveway parking. Enclosed garden. Night storage heating. EPC Band E. Available soon for 6 months.

Web Ref: ACC120226

Dorchester 01305 261008



Toller Porcorum £750 pcm

A detached cottage recently refurbished to include new kitchen, new decor and new floor coverings. Night storage heating. Large garden surrounding the property with greenhouse and vegetable plot. Driveway parking and use of car port. EPC Band F. Available immediately.

Web Ref: DOR130121

Dorchester 01305 261008



Weymouth £775 pcm

A detached two bedroom bungalow with two reception rooms, kitchen, rear porch/utility and shower room. Gas fired central heating system. Double glazing throughout. Enclosed garden. Parking. EPC Band D. Available immediately.

Web Ref: DOR130182

Dorchester 01305 261008



Cattistock £1,450 pcm

A large period four bedroom family home in a village location with office facilities at an additional £250pcm. Oil fired central heating and open fire. South facing rear garden. Ample off road parking. EPC Band F. Available immediately.

Web Ref: DOL060046

Dorchester 01305 261008

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EPC E



Harcombe

£430,000

- Refurbished Period Cottage
- Secluded Hamlet Location
- Three/Four Double Bedrooms
- Double Glazing
- Garage



EPC D



Hawkchurch

£750,000

- Four Bedroom Barn Conversion
- Farmhouse Kitchen
- Fields & Woodland
- Stables, Paddocks & Outbuildings



EPC C

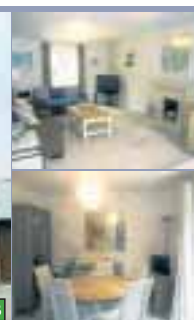
Rousdon

- Four Bedroom House
- Well Presented
- Front & Rear Gardens
- No Chain
- Viewing Recommended

£345,000



EPC B



Lyme Regis

£555,000

- Gated Detached House
- Six Bedrooms
- Three Bathrooms
- Detached Double Garage



EPC C

Lyme Regis

- Well Presented Townhouse
- Set Over Three Floors
- Three Bedrooms, Master En-Suite
- Open Plan Lounge, Kitchen & Dining Area
- Enclosed Garden & Off Road Parking

£345,000



EPC D

Lyme Regis

£260,000

- Well Presented First Floor Maisonette
- Two Bedrooms
- Stunning Sea & Coastal Views
- Enclosed Gardens & Allocated Parking



EPC F

Axminster

£168,000

- Top Floor Town Centre Apartment
- Three Bedrooms
- Views Over Town & Valley
- Secure Garaging Facility



EPC E

Lyme Regis

- Two Bedroom Flat
- Kitchen & Lounge
- Bathroom
- Attic Space
- No Chain

£159,950



EPC E

Seaton

£135,000

- Ground Floor Flat
- Just Back from the Seafront
- Access to Town Shopping Amenities
- Double Bedroom & Patio Rear Garden



EPC F

Fernhill

- Well Presented Detached Bungalow
- Two Bedroom & Open Plan Lounge/Kitchen
- Communal Car Park & Grounds
- Heating Swimming Pool & Hotel Facilities
- Situated by Pool on Fernhill Heights Complex

£129,950



EPC C

Axminster

- Two Bedroom First Floor Apartment
- Purpose Built, Specifically for Over 60s
- Electric Heating & Rural Views from Rear
- Communal Gardens
- Two Bedrooms

£73,900



Lyme Regis

- Traditional Day Hut
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- Uninterrupted Views of Sea & Coastline
- Detached

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NEW
INSTRUCTION

EPC D



Charmouth

£665,000

- Four Bedroom Detached Bungalow
- Boasts Countryside & Coastal Views
- Three Reception Rooms & Two Bathrooms
- Situated on an Elevated Corner Plot
- Landscaped Gardens & Double Garage



EPC E



Bridport

£459,950

- Four Bedroom Detached House
- Three Reception Rooms
- Sought After Cul-de-Sac Location
- Rear Ground Floor Extension
- Off Road Parking & Double Garage



EPC D

Bridport

- Four Bedrooms
- Detached Family House
- Two Reception Rooms
- Integral Garage & Utility Room
- Walking Distance to Town Centre

£250,000



Awaiting
EPC

Bridport

- Ground Floor Garden Apartment
- Two Bedrooms & Two Bathrooms
- Popular Modern Development
- Private Courtyard Garden & Parking
- En-Suite to Master Bedroom

£159,950



EPC C

Charmouth

£439,950

- Modern Detached Family Home
- Four Bedrooms
- Three Reception Rooms
- Front & Rear Gardens



EPC D

Bridport

£275,000

- Three Bedrooms
- Reception Room
- Fitted Family Bathroom
- Link Detached Bungalow



EPC B

Bridport

- Upper Floor Retirement Apartment
- Two Bedrooms
- Lounge with Balcony
- Modern Fitted Kitchen
- Communal Gardens & Garage

£149,950



Awaiting
EPC

Bridport

£249,950

- Three Bedroom Detached Cottage
- Tucked Away Close to Town Centre
- Many Original Features & Gardens
- Would Benefit from Refurbishment



EPC G

Bridport

£189,950

- Grade II Listed Period Cottage
- Two Bedrooms & Two Bathrooms
- Kitchen & Utility Room
- West Facing Courtyard Garden



EPC D

Bridport

- Second Floor Apartment
- Well Presented & Two Bedrooms
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LYME REGIS – IN EXCESS OF £20,000



A single garage located close to the town and seafront. It will be sold by informal tender with all offers in writing to the Lyme Regis office.

UPLYME - £215,000



Valley View Cottage is an attractive two bedroom terraced property only a short walk from the popular East Devon village of Uplyme. It has an open plan living area with kitchen/lounge opening to the dining room retaining its cosy cottage feel. On the first floor there are two bedrooms a family bathroom and outside terraced gardens to the rear with a patio area pergola and summer house. EPC band F.

LYME REGIS - £149,950



This light and spacious one bedroom second floor apartment in an elegant Grade II Listed town house with lounge, kitchen and bathroom is located close to town and beaches. EPC exempt.

LYME REGIS - £325,000



Flat 1 Argyle House is a very well presented apartment located on Marine Parade within a few meters of the beach and has wonderful uninterrupted views to the Cobb harbour and over Lyme Bay. The property is very well presented having a real sea side, relaxing, holiday atmosphere. EPC band G.



LYME REGIS - £435,000



The Moorings is a large detached double fronted property built around 1919 that has been improved and updated by the current owners. It offers flexible accommodation and is conveniently located only a short walk from the town and sea. EPC band E.



LYME REGIS - £425,000



A well presented and maintained three bedroom detached bungalow situated in an elevated position with views over the coastal town of Lyme Regis to the sea and countryside. EPC band D.



COOKS LANE - £389,950



This 1940's three bedroom semi-detached house has a modern kitchen, large conservatory, good sized garden, plenty of parking for a boat or caravan and fine views across the Axe Valley. A detached two bedroom chalet provides additional accommodation. EPC band D.



LYME REGIS

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ROUSDON - £24,950



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LYME REGIS - £169,950



A purpose built two bedroom ground floor flat with garage and parking, set in a popular residential area. EPC band C.

LYME REGIS - £497,000



Situated in a highly sought after area Ederlin is an elevated detached property with a self contained annex and superb views to the sea and along the Jurassic coast. EPC band E.



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CHARMOUTH - £420,000



A delightful detached five bedroom character property set on three floors located within the village centre, set well back from the Street and offering a stylish period home with a modern twist. Pretty walled courtyard garden to rear. Parking for up to three cars to front drive. Full UPVC double glazing and gas central heating. EPC - F

MORCOMBELAKE - £459,000



Situated within beautiful grounds, Number 1 Carters Lane is a spacious detached bungalow on a quiet lane in this coastal village. With three bedrooms, one of which is ensuite, a large lounge, kitchen and dining room, the bungalow offers spacious level accommodation close to the village centre. The property also benefits from a conservatory and large garage. EPC - D

CHARMOUTH - £199,950



An opportunity to purchase a beautifully kept, purpose built, two bedroom flat with sea views. The property is a short walk from both the beach and the local village amenities. Another great Flat at The Seahorse. EPC - C

FISHPOND - £565,000



PADDOCK and STABLING - A four bedroom detached house set in approx 1.5 acres of grounds with a large paddock. Tranquil, rural setting within the Marshwood Vale at Fishpond Bottom with PANORAMIC countryside views towards Charmouth and SEA. EPC - F

CATHERSTON LEWESTON - £425,000



A substantial and handsome house, for sale as part of Catherston Manor, the 500 year old historic Manor House in an idyllic elevated setting in rural Catherston Leweston, just five minutes drive from the coast and Charmouth. Full of period features this stunning four bedroom property offers a wealth of character and space which can only be perceived by internal viewing. Every room offers surprises and a pleasure to behold.

CHARMOUTH - £128,500



Enjoying an elevated enviable location overlooking the popular Coastal village of Charmouth, a two bedroom luxury lodge on a small private development with some sea views.

CHARMOUTH - £335,000



SALE AGREED

Detached two bed bungalow

CHARMOUTH - £345,000



SALE AGREED

Three bedroom cottage

CHARMOUTH - £399,000



SALE AGREED

Detached bungalow with large garden

CATHERSTON - £375,000



SALE AGREED

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AXMINSTER £90,000



NEW PRICE



A Very Attractive Ground Floor Retirement Apartment with Balcony Close to Town Centre Amenities. Bedroom with Study Area, Lounge, Kitchen, Bathroom Communal Lounge, Guest Suite, Laundry & Duty Manager. No Chain. EPC Rating B

KILMINGTON £365,000



Delightful 4 Bed Cottage in a Peaceful Village Lane, Full of Charm & Character. Sitting Room, Dining Room, Kitchen/Breakfast Room, Two Inglenook Fireplaces, Bathroom, Shower Room, Secluded Garden, Parking Space & Outhouse. EPC Rating F

COLYTON 299,950



NEW



A Well Maintained 4 Bedroom Detached Home Situated in a Small Quiet Cul-de-Sac Close to the Town Centre with a Beautiful Private Garden. Lounge, Kitchen, Dining Room, Bathroom, Cloakroom, Double Garage & Parking. EPC Rating D

AXMINSTER £178,500



NEW



Very Well Presented 2 Bed Semi-Detached Bungalow in a Quiet Cul-de-Sac. Redecorated Throughout: New Kitchen, New Bathroom, New Central Heating, Updated Wiring. Lounge, Conservatory, Enclosed Rear Garden, Summerhouse, Garage & Driveway Parking. EPC Rating D

THORNCOMBE £185,000



Pretty Stone Cottage in the Centre of a Thriving Village. 3 Beds, 2 Baths, Inglenook Fireplace in Large Living Room. Small Enclosed Rear Garden & Lovely Countryside Views from the Upper Floors. EPC Rating F

THORNCOMBE £299,950



Delightful Attached Cottage, Full of Character & Charm. 3 Bedrooms with Additional Study/Bedroom, Bathroom, Shower Room and Sitting Room with Beamed Ceilings & Inglenook Fireplace. Thriving Village Location. EPC Rating E

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RYALL, BRIDPORT £285,000



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The Audi A3 – three million cars and counting

17 YEARS of enduring global appeal have just culminated in the production of the three-millionth Audi A3, the car which in 1996 stole a march on the German prestige 'establishment' by spearheading the creation of the now flourishing premium compact class. Car number three million is a 2.0 TDI quattro version in five-door Sportback form, one of three attractive body styles currently available in the all-new, third generation A3 range, which for the first time also includes a four-door saloon option. More variants are set to follow.

"Three million automobiles in the compact class is quite a performance," said Dr. Frank Dreves, Board of Management Member for Production at AUDI AG. "This success is backed by a strong team and an efficient production system. With the Audi A3, we have created a new brand segment – we have been setting standards in the compact class with innovative technology and first-class quality for 17 years now."

In 2012, Audi produced a total of 152,993 A3 series cars at its plant in Ingolstadt, Germany. This total included A3 and A3 Sportback models, as well as S derivatives. The new Audi A3 Sportback, launched in 2013, has accounted for the highest proportion of this production volume: Each day, about 700 examples of this immensely popular variant roll off the assembly line.

Approximately 913,000 examples of the first Audi A3 were sold. That worldwide success continued with the second generation (2003-2013), which underscored the Vorsprung durch Technik brand's domination of this segment in terms of technology and quality. Nearly two million of these second generation cars were delivered to customers.

In late 2012, the completely new third generation car made its debut, and again set new benchmarks for quality, build integrity and tech-

nological sophistication at this level. Last month, the new A3 Saloon joined the three-door and Sportback variants, and later this year the new 300PS S3 and S3 Sportback will make their UK debuts, followed in early 2014 by the S3 Saloon.

All three A3 ranges offer a choice of exceptionally efficient, highly refined engines, including the 1.4 TFSI with Cylinder-on-Demand technology and 60.1mpg potential and the 1.6 TDI which pares CO2 output back to 99g/km. They combine these with fit, finish and equipment worthy of an executive class car, and also offer the opportunity to upgrade with sophisticated options such as Audi magnetic ride damper control, a 'hands-free' parking assistant, swivelling

adaptive cornering lights, a 705-watt Bang & Olufsen audio system, MMI touch fingertip data entry and Audi connect, bringing internet-based services to the car. In the near future, high-tech all-LED headlights will also be added to this list as an alternative to the more familiar xenon units.

Next year the A3 range will also embrace the future with its first hybrid variant – the petrol-electric A3 e-tron, capable of covering up to 188mpg while emitting as little as 35g/km of CO2 (according to the NEDC test). In the meantime, prices for the existing A3 range start from £18,280 and rise to £29,160, with the S3 and S3 Sportback priced at £30,640 and £31,260.



▲ **Three million and counting** | Production of the Audi A3 began in 1996, and has this week passed the three million cars mark.

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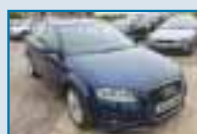
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Cricket extras

Danny leads the Way as Martinstown triumph

MARTINSTOWN won this year's Switched on Electrical Contractors Under 18 Cup for the first time since its re-launch five years ago. The triangular tournament also involved 2012 champions Cerne, and Dorchester.

Played at Dorchester Recreation ground recently, the 2013 competition showcased the local young cricketing talent that is emerging.

This was highlighted by some superb batting and bowling performances, with Martinstown captain Danny Way chosen as the Man of the Tournament for his fine batting and strong bowling. He struck 59 and 67 in his two innings as well as taking 4-8 in the match against Dorchester.

Team mate George Pope was not far behind with two unbeaten innings of 60 and 28, whilst both Dorchester's Marcus Evans (55 and 118 not out) and Cerne's Pearce Mercer with a collective unbeaten total of 168 over two innings will both be aggrieved they weren't on the winning side.

Lee House, Competition Co-Organiser said: "Many thanks to all the umpires, coaches and parents for making this competition possible. Thanks also to Ross Moors of Switched On Electrical Contractors for his continued support of local cricket."

"This year has seen some fantastic attacking cricket played competitively, but fairly. The youngsters involved should take pride in their performances and look to continue to develop their games."

Results:

Game One: Martinstown 186-1 (George Pope 60*, Danny Way 59, Ryan Chase 47*) beat Cerne 146-3 (P.Mercer 82*)

Game Two: Dorchester 112-8 (Marcus Evans 55, Danny Way 4-8, Teddy Andrews 2-21) lost to Martinstown 115-1 (Danny Way 67, George Pope 28*) by 9 wickets.

Game Three: Dorchester 176 (Marcus Evans 118*) lost to Cerne 177-3 (P.Mercer 86*) by 7 wickets.

■ CHAMPIONS:
Martinstown CC
under 18s



■ CERNE CC under 18s



■ DORCHESTER CC under 18s



Sailing

Experienced duo win Flying Fifteen again

AFTER a sluggish start, Steve Goacher and Phil Evans came through to comfortably win the 2013 UKGLOBAL Flying Fifteen National Championship held at Weymouth last week.

The experienced duo, who have been racing together for over 20 years, demonstrated the merits of a settled partnership of helm and crew to win with a second place in the final race of the

championship.

This ensured they stayed ahead of Race nine winners Mike Hart and Jeremy Davy. They in turn squeezed Havering Island club colleagues Richard Lovering and Matt Alvarado out of second place by virtue of that victory.

Just to remind Goacher and Evans of their years in the class, they also received a trophy for the best pair of over 100

years combined age!

In a second day of Mediterranean conditions, Hart and Davy consolidated their second place finish on the opening day by winning Race three; Hart having to pull off a dramatic recovery after being stuck in the 20s at the first windward mark, subsequently taking many places on the first run to commence his fight back.

This gave them the lead at the end of the day, but with Lovering and Alvarado having taken the second race, it saw them close on their heels together with Goacher and Evans.

Winds were still light on Day three with both races being held in the afternoon, with Goacher and Evans winning their first race by overhauling Australians Ashley Smith and Kym Thumpkin at the spreader mark to win by just two boat lengths.

They then consolidated their position as front-runners in the second race of the day

and take an overall six-point lead from Hart and Davy by moving up from sixth at the first windward mark to hold on to second place.

With barely any wind, a single race was held on Day four round a windward leeward course in Portland Harbour, with competitors sailing three and a half



■ GOOD EFFORT: Richard Lovering and Matt Alvarado who finished third in action
Photo by ALAN HENDERSON/ WWW.FOTOBOAT.COM

rounds to complete the race before heading ashore.

The champions won this one, the only pair to win two races in the week, but with Lovering and Alvarado finishing fourth ahead of Hart and Davy, they moved ahead overall into second place.

They maintained the status quo with a

second in Race eight on the final day of racing, but with Hart and Davy overtaking Goacher and Evans in the final stages of Race nine to take victory, the minor places were once again reversed.

Final result: 1st: Goacher /Evans 16pts; 2nd Hart /Davy 23pts; 3rd Lovering / Alvarado 24.4 pts.

■ CHAMPIONS: Steve
Goacher and Phil Evans
Photo by ALAN HENDERSON/
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INSIDE EDGE - The Dorset cricket scene

WITH STUART BROOM

Dorchester slump continues as they drop to bottom

DORCHESTER are finding it hard to get off the bottom spot in the Dorset Funeral League Plan League Division One.

After crawling above Weymouth last week, the county town missing several regulars returned to the basement after they were comprehensively beaten by Fern-down Wayfarers.

Weymouth failed to snatch a morale boosting victory when they went down by just one run against Stalbridge.

Cattistock continue their assault on Division Three with Lee Anderson taking 6-24 as they crushed Wimborne & Colehill 3rds whilst Bridport skipper Liam Toohill led his side from the front with another excellent all round display.

Charlton Down celebrated going top of Division Six with a record score of 312 against Beaminster 2nds with Jae Miller just missing a century by two runs.

Dorset Funeral Plan League Premier League

FERNDOWN WAYFARERS 192-2 BEAT DORCHESTER 188 ALL OUT BY 8 WICKETS

THIS comprehensive defeat sent Dorchester to the bottom again. Bowled out for 188, the county town did not have the resources to combat the fine batting of Eric Linge and James Raftery whose unbroken third wicket stand of 134 saw Wayfarers scoot home with more than 15 overs to spare.

Colin Edney (11) and stand-in captain Pete Moxom made a steady start.

But after Edney fell leg before to Linge (2-33), Rhys Cole (0) and Sam Goodhew (8) were both run out to leave Dorchester 54-3. When Moxom went for 42 with the score on 78-4 it was left to Marcus Evans (54), promoted up the order, to hold the innings together.

However his half century was not enough as Andy Armstrong (3-37) and Dean Elsworthy (3-33) saw Dorchester oost a meagre total of 188 all out.

Although Elsworthy (4) went early, and Neil Sexton (15) was leg before to James Dunham (2-35), Raftery (55 not out) and particularly Linge (91 not out) were in imperious form and saw the hosts home to a comfortable victory.

STALBRIDGE 237 ALL OUT BEAT WEYMOUTH 236-8 BY 1 RUN

WEYMOUTH came so close to gaining a victory that would have not only help pull them away from relegation, but also restore their confidence.

Requiring five off the last over, they could only scramble three.

Stuart Sweatman (63) and Rob Burfitt (81) laid the platform for victory with a century opening stand and with Ed Clements adding 36 they were in a really commanding position at 162-1.

However, Harry Tucker struck twice in quick succession and

with the returning Ben Lawes (5-34) and Dave Trotter (2-24) hitting the spot, Stalbridge capitulated to 237 all out.

Dean Janaway (16) and Paul Payne (47) made a solid start in reply before Payne and Lawes added 102 for the second wicket to put Weymouth in pole position, but as with Stalbridge the rest fell away and they desperately ended short of their target.

Division One

SHROTON 323-9 BEAT MARTINSTOWN 224-6 BY 99 RUNS

MARTINSTOWN suffered an unexpected defeat at the hands of Shroton finding themselves on the wrong end of a big total to chase.

Winning the toss Shroton made a steady start but it was the fourth wicket partnership of 186 between M Pike (105) and K Westlake (67) that took the game their way. Martinstown skipper Danny Dancer (4-61) finally broke the stand, bowling both and removing Wooldridge (6) to slow the hosts down, but the damage had been done as they finished their 50 overs on 323-9; Stuart Fry (2-28) and Liam Banfield (2-38) bagging a brace each.

Dave Herbert was in dominant form when Martinstown replied and he and Ed Nicholls (18) put on an opening partnership of 94 before Herbert was caught for 67, and innings which included ten 4's and a six. Nichols was bowled on the same score and when Fry went for one, they were suddenly 95-3.

Sensible and strong batting from Sam Kershaw (43), Dancer (34) and Lee House (22) ensured they picked up maximum batting points, but in the end they were well beaten.

Division Two

BEAMINSTER 250-6 LOST TO WITCHAMPTON 253-5 BY 5 WICKETS

WITH just ten men, two of those young sons of Mark Barber, Beaminster were always going to struggle, although they came much closer than they might have expected with Witchampton only claiming victory with ten balls left.

Batting first Simon Jones and Hugh Rathbone (18) gave Beaminster a solid start with a stand of 69 before the latter was caught off of Broom.

A second wicket partnership of 150 between Jones, who finally fell for a splendid 103 in what is believed to have been Beaminster's first league century in 11 years, and skipper Will Everitt (56) gave them hope of posting a reasonable target.

But wickets began to tumble with Everitt's dismissal soon after reaching his half-century, although they finally posted 250-6 in their allotted overs.

Beaminster suffered the lack of a genuine opening fast bowler with Ross Baker missing, and Ashford (12) and Whitmore (22) put

on an opening half-century stand.

Walklett (2-48) dismissed Broom (8) to leave the visitors 78-3, but it was the fourth wicket partnership of 126 between Adam Crocker and Mark Bowles, who both scored 71, that won Witchampton the game, although they were made to fight all the way for their victory.

Division Three

WIMBORNE & COLEHILL 3RD 54 ALL OUT LOST TO CATTISTOCK 58-1

BY 9 WICKETS

CATTISTOCK drew alongside Dorchester 2nd's in second spot virtue of winning a point more in an easy victory over Wimborne & Colehill 3rds.

The hosts, having decided to bat, were decimated by the bowling of Lee Anderson (6-24) and Martin Langford (4-32) as they were skittled out for just 54 all out in 21 overs.

There was a shock when Cattistock batted when the prolific Jon Legg was bowled with the first ball of the innings.

But Steve Tucker made short work of the total when he joined Billy Walbridge (10 not out). Tucker hit eight 4s and a six in just 28 balls, to finish with 46 not out as Cattistock passed their target in 6.2 overs.



◆ **HALF-DOZEN:** Lee Anderson took 6 for 24 in Cattistock victory

DORCHESTER 2ND 136-8 BEAT BRADFORD WAYFARERS 2ND 135

ALL OUT BY 2 WICKETS

DORCHESTER 2nds maintained their pressure on Cerne Valley at the top with a narrow two wicket win over Ferndown Wayfarers 2nds.

Fielding first, captain Stuart Beasley (3-36) made an early strike, but Rob Bowering (24), Alex Samson (20) and Jake Brooks (19) had looked to have built a good platform for the visitors.

However, Adam Rendell (3-29) ripped out the middle order and with Steve Gerety claiming 2-15, Ferndown's innings closed on 135 all out.

Dorchester's innings followed the same pattern losing Gerety (1) early on.

Will Chutter (37), with help from

Ian Legg (13), Dan Morris (18) and Rendell (11), looked to have put Dorchester in the driving seat.

But Dave Ballam (4-22) and Bowering (3-45) pegged them back.

Ollie Bennett (15 not out) and Stuart Voss (20) then appeared to have seen them home but when Voss and Beasley (1) suddenly departed it was left to Bennett and Matt Porter (8 not out) to drag them over the line.

WEYMOUTH 2ND 148 ALL OUT LOST TO STALBRIDGE 2ND 212-9 BY 64 RUNS

Division Four

POOLE TOWN 3RD 178 ALL OUT LOST TO BRIDPORT 180-2 BY 8 WICKETS

BRIDPORT skipper Liam Toohill continued his recent good form with bat and ball with a superb 90 not out after ripping out the top of the Poole Town batting.

Pilley (13) and Allman (3) had made a cautious start for Poole before Alex Lee struck, having the former caught by Will Meech. Toohill then bowled both Talbot (1) and Dimpleby for a duck to leave the hosts 17-3. Alex Lee (3-33) and Toohill (3-24) continued to wreak havoc as Poole slumped to 38-6.

However, with both having completed their 12 over spells and Bridport a man short, J Robinson (44) and P Macdiarmid (48) began to rebuild the innings and with Cotton (23), Poole finally reached 177 all out after 42 overs with Toby Hall (2-15) claiming the last two wickets.

Bridport quickly lost the normally reliable Rod Gay for a duck with the score on four, but opener Mark Smith and Toohill responded with a splendid second wicket stand of 143 to put them within spitting distance before Smith departed for a solid 49.

Duane Gay joined Toohill and immediately crashed a quick 21 not out to deny his skipper what would have been a well-earned century.

The victory sees Bridport comfortably sat in second place behind Wareham.

Division Five North & West

BRADFORD ABBAS 320-4 BEAT DORCHESTER 3RD 171 ALL OUT BY 149 RUNS

DORCHESTER 3rds were well beaten by Bradford Abbas, losing by 149 runs.

The defeat, their 10th in 11 games; having scratched from the other; leaves them further adrift at the bottom with Martinstown 2nds having beaten Portland RT 2nds

MARTINSTOWN 2ND 237 ALL OUT BEAT PORTLAND RT 2ND 191 ALL OUT BY 46 RUNS

Division Six

CHARLTON DOWN 312 ALL OUT BEAT BEAMINSTER 2ND 84 ALL OUT BY 224 RUNS

CHARLTON Down continued

their fine run of form, completing their 10th league win of the season, which elevated them to the top of Division Six.

Charlton Down won the toss and elected to bat on the hottest day of the season so far, and soon got into a good rhythm; the lightening outfield ensuring the new ball disappeared to the boundary at regular intervals.

The century partnership came up in the 12th over with a perfectly timed cover drive by Sam Roles (42) who was the first wicket to fall; feathering a leg side catch to wicketkeeper Lewis Milton; and becoming one of four victims for the evergreen Terry Field (4-58).

A fifty run partnership between Luke Voss and Jae Miller was ended when Miller on 98 was given out lbw, his chanceless innings include 18 fours and one six.

The score of 167-2 in the 21st over soon became 198-7 by the 30th as Field and Justin Gurd (5-78) brought the game back towards Beaminster.

But Matt Stevens and Rob Deadman had other ideas - the pair crashed 63 runs in only nine overs.

Deadman was particularly brutal as he hit seven boundaries in his 35 off only 20 balls before falling leg before off Dave Penfold with the score on 262-9.

A last wicket stand of exactly 50 between Stevens and Pete Tucker pushed the score past the 300 mark to a record score of 312.

Stevens batting for over an hour, remained unbeaten on 67 which included 12 boundaries to complete his third half century of the season.

The Beaminster reply could not have got off to a worse as they lost Will Aburrows (0), caught by Luke Voss off his brother Nick's (4-22) bowling, and then Stevens (2-11) had Dave Hall well caught by the impressive wicketkeeper Rob Deadman with the score on 8-2.

The Beaminster reply was then in tatters as Voss and Stevens



◆ **IN-FORM:** Rob Deadman put in a good display behind the stumps.

claimed a further five wickets to leave them reeling on 30-7.

Young wicketkeeper Milton decided the best form of defence would be attack and hit a quick fire and entertaining 29 with the help of Dave Penman (17), and young Lewis Gurd (2); the Beaminster innings eventually closing on 84 all out.

Captain Tucker said: "The overall result did not reflect the game.

"If it were not for the incredible start that Miller and Roles had given us, and some great batting latterly from Stevens and Deadman, the game could have been much different.

"It was the best innings I have ever seen Miller bat; not giving a chance; but his raw power was replaced by shot placement and timing.

"Matt Stevens produced more evidence of his all rounder status in the team, whilst Nick Voss turned in his best bowling display (4-22) and is really starting to deliver a good opening spell of bowling each week.

"Most pleasing was the quality batting and wicketkeeping performance of Rob Deadman."

Sunday Division Three

WINTON 2ND 282-4 BEAT SYMENE 176 ALL OUT BY 106 RUNS

Winton 2nds strengthened by the inclusion of five first team players made Symene toil in the hot sun when they batted.

Although Ollie Lee Had Clark caught behind early on, M Kitson (83) and S Daini (60), produced a stand in excess of 150 for the second wicket before Graham Bartlett finally removed both batsmen.

As Symene wilted the hosts took advantage with George Wright (76 not out) to rack up 282-4 in their allotted overs.

Symene lost two early wickets, but a useful stand in the region of 80 between Joe Hawkins (42) and Phil Hawkins (48) gave them hope of a reasonable score and more batting points.

However, Winton had a first teamer Kitson (5-16) up their sleeve and he picked up a "fivefor" as Symene crashed with only a late flourish from skipper Bartlett (19) showing resistance.



◆ **GREAT KNOCK:** Jae Miller

Youth cricket

Woodroffe & Uplyme run out comfortable winners

WOODROFFE & Uplyme Under 13s ran out comfortable winners against their Beaminster counterparts in their Dorset League game at the King George V Field, Uplyme, last week.

Home skipper Sam Norton won the toss and decided to bowl first with the spin attack of Daley Holmes and Felix Ransford.

Holmes made an early breakthrough but with Beaminster looking comfortable on 47-1 it wasn't until the introduction of pace bowler David Stead that Uplyme gained success.

Stead bowled the next three batsmen including top scorer Jason Nottley for 22 and with Henry Davey taking a good catch at gully Beaminster slumped to 52 for 5. Two further runs followed as Beaminster finished on 67-7.

Norton and Jamie Hannaford opening the innings for the hosts but on 13 for the first wicket before Hannaford was bowled by Fergus Rees.

Norton was joined by Zac Chandler and the pair set about their task with some fine shots

and some good running between the wickets.

Norton retired on 25 but Davey (17 not out) continued the attack and together with Chandler (13 not out) they achieved their target with ten overs to spare.

This proved to be Woodroffe & Uplyme's fifth consecutive win in the West Dorset League; their only defeat being at the hands of a very strong Bournemouth School for Boys in the Dorset Schools cup.

Beaminster coach Ross Baker said: "It's been a very tough first year for the under 13s half of them are under 11."

"However, they have improved greatly in the last three games with Jason Nottley, Lewis Keenan and Harry Kilcolyne consistently getting runs.

"Hopefully with everyone being a year older, and with the experience of this season, we should progress and be more competitive in the future."



◆ GOOD WIN: Woodroffe & Uplyme under 13s with coach Eddie Clarke



◆ IMPROVING: The Beaminster U13s pictured with coach Ross Baker (right) and his assistant Jack Walklett

Busy time for local swimmers

CHARD & District Swimming Club have been busy of late with local-based members participating in their own Club Gala as well as competing in the South West Regional Sprints Championships at Gloucester and the South West Regional Open water Championships in Weymouth writes Hannah Pullinger.

Eight of the club's top swimmers did their club proud and achieved many personal best times when they competed in all four strokes over 50m sprints and the 100m Individual Medley in the sprint championships.

All eight were placed in the top 15 in their respective age groups; Hannah Pullinger (17), swimming in the open age group achieved the best overall placing coming 5th, with Luke van den Barselaar also 17, coming 7th in the boy's open age group.

Other placings were: Melissa Hanson 9th, Jamie Pullinger 10th, Joe Spurway 10th, Dan Andrews 11th, Ben Fowler 14th, Oliver Bilbie 15th. On an equally hot day two other Chard & District swimmers braved the open water at the ASA South West Open Water Championships held at Weymouth.

With delays at the start due to fog and despite the hot weather on land, sea temperatures of only 14.7 degrees; below the recommended temperature for such events; some competitors found it too cold to compete.

Lauren van den Barselaar (15), swimming in her first open water event was not however deterred, and swam to a splendid third place

overall in her age group (Girls 15-18 years) in the 1.5km event in a time of 26.40.64 and was also placed first of the Somerset swimmers in her age group.

Paul Harrison also swam and achieved first place out of the Somerset swimmers in the 14 years and under Boys age group, in a time of 25.26.82. Both were presented with certificates and medals.

◆ OVER 70 swimmers ranging from 7 to 16 years took part in the club's third gala held at the Flamingo Pool in Axminster.

At the start of the Gala special presentations of Junior League badges were made for three, six and nine appearances at these league galas to a number of swimmers, whilst

Henry Taswell and Abi Bonning will both receive special Junior League medals for representing the club at the maximum number of galas during their time in the Junior squad.

Some excellent swims secured a Silver Speed Badge for Leo Kindred and Oliver Rodger in the 12-year age group, for swimming under 36 seconds for the first time in the 50m freestyle.

Gala Results: (winners only)

8 & Under Events
Boys 25m Breaststroke: 1st Freddie Coles; Boys 25m Backstroke: 1st Freddie Coles; Girls 25m Freestyle: 1st Esme Huntley; Girls 25m Butterfly: 1st Jasmine McAuley

◆ GIRLS 50 BACKSTROKE
Open: 1st Melissa Hanson; 13/14 Years: 1st Hope Horsfield; 12 Years: 1st Jess Fowler; 11 Years: 1st Xanthe Dyer; 10 Years: 1st Eden Mc-

Donald; 9 Years: 1st Abi Greenslade
◆ BOYS 50 BREASTSTROKE
Open: 1st Joe Spurway; 13/14 Years: 1st Iain Ross; 12 Years: 1st Leo Kindred; 11 Years: 1st Joss Copeman; 10 Years: 1st Louis Rood; 9 Years: 1st Joe Shrubbs

◆ GIRLS 200 BREASTSTROKE
Open: 1st Tessa Down; 13/14 Years: 1st Elisha Hawkins; 12 Years: 1st Jess Fowler; 11 Years: 1st Xanthe Dyer; 10 Years: 1st Eden McDonald; 9 Years: 1st Abi Greenslade

◆ BOYS 200 FREESTYLE
Open: 1st Luke van den Barselaar; 13/14 Years: 1st Lewis Pearson; 12 Years: 1st Henry Taswell 11 Years: 1st Joss Copeman 10 Years: 1st Louis Rood; 9 Years: 1st Cole Dickinson

◆ GIRLS 100 FREESTYLE
Open: 1st Melissa Hanson; 13/14 Years: 1st Elisha Hawkins; 12 Years: 1st Jess Fowler; 11 Years: 1st Xanthe Dyer; 10 Years: 1st Eden McDonald; 9 Years: 1st Abi Greenslade

◆ BOYS 100 BACKSTROKE
Open: 1st Ben Fowler; 13/14 Years: 1st Lewis Pearson; 12 Years: 1st Henry Taswell; 11 Years: 1st Joss Copema; 10 Years: 1st Jamie Porter; 9 Years: 1st Cole Dickinson

◆ BOYS 100 INDIVIDUAL MEDLEY
Open: 1st Joe Spurway; 13/14 Years: 1st Lewis Pearson; 12 Years: 1st Henry Taswell; 11 Years: 1st Joss Copeman; 10 Years: 1st Louis Rood; 9 Years: 1st Cole Dickinson Girls Novice 25m 1st Mia Huntley; Girls Novice 50m 1st Sarah Underwood; Boys Novice 25m 1st Cole Dickinson; Boys Novice 50m 1st Leo Kindred

◆ JUNE Swimmer of the Month winners, Elisha Hawkins (13), on

achieving her first national qualifying time in the 200m breaststroke, and Joss Copeman (11) for the most progress points during June, were presented by head coach June Turner.



◆ MOST IMPROVED: Joss Copeland (11) who won the Boy's Swimmer of the Month trophy for most improvement at galas during June

◆ FINALLY, we would like to apologise to 11-year-old Oliver Rodger for missing his name from the recent report on our Chard & Clevedon Open Meet.

Oliver swam very well and achieved top eight medals in his age in both his events, coming 4th in the boy's 50m freestyle and 8th in the 200m breaststroke.

Equestrian

Ewell on top form despite the heat

DESPITE the heat members and supporters who turned out for Lamberts Castle Riding Club's dressage and barbecue in East Devon recently described the event as relaxed and successful.

Fortunately the hot weather had cooled in time for the 5pm start, allowing riders and horses to compete comfortably at the Dalwood event.

The first of the three tests, Intro B, saw Christine Hill take top spot with Vicky Hammond finishing second; Chloe Day and Rebecca Harding took third and fourth, respectively.

Georgina Ewell took first and second on two rides in the Prelim 4 test, followed by Rosie Wharton, Alice Wyatt, Hill and Pippa Wyatt.

On top form that evening, Ewell also took first and second place in the Prelim 14. She was followed on the leader board by Wharton, Alice Wyatt, Pippa Wyatt and Steph Bere.

The club would like to thank committee member Fiona Bengier and her husband, Tony, for their hospitality at White Lodge for the dressage event after which a delicious barbecue was enjoyed by riders, families and friends.

◆ HOT WORK: Alice Wyatt who was placed fourth in Prelim 4 and Prelim 14 goes through her routine



Sea Angling

Connor wins inaugural Dawe trophy

CONNOR Hallett was the winner of the inaugural Frank and Peggy Dawe Memorial Trophy in the latest junior match to be fished.

Frank who sadly passed away last year, was a keen supporter of the junior section as was his late wife Peggy who passed away in 2005.

It was therefore a fitting tribute to the both of them that the match attracted an all time record attendance of 23 juniors.

Fine summer weather also made a welcome appearance with warm and sunny conditions with calm seas and a slight sea breeze.

Fishing still proved to be tough due to the late spring and persistent May water which has lasted into July this year.

Leading West Bay junior and England squad member Connor Hallett took an early lead with a corkwing wrasse and continued to maintain this lead with four further fish including two legal-sized shore rockling.

Only five other juniors weighed-in with Keiran Ellison coming in second with two fish and single each for the remain-

ing four including a third place for lady junior member Tiana Foot.

Poisonous

Species on the day included wrasse, shanny, rockling, flounder and a couple of poisonous weever fish.

Juniors are well trained in the identification of these weever fish which are handed to the steward for careful unhooking, weighing and releasing.

New juniors are issued ID cards and made aware of the fish which can inflict a nasty sting with serious swelling.

Anglers are advised to familiarise themselves with the species which will be increasing in numbers at this time of year in order to avoid any accidents.

The junior section would like the thank Tiny and the Dawe

family for presenting the new trophy and for sponsoring first prize of a tackle voucher.

◆ Full results: 1st: Connor Hallett 313g (164g legal-sized), 2nd: Keiran Ellison 99g, 3rd: Tiana Foot 68g, Heaviest flat: Tiana Foot 68g flounder, Heaviest round: Connor Hallett 83g shore rockling, First, last and smallest fish: Connor Hallett, Heaviest weever: Harry Courtice 32g, Most species: Connor Hallett - three

Sponsors on the day were: Richard 'Tiny' Daw and family, Watchouse Cafe, Kay Guppy, Kirsty Hallett, Sheila Ford, Style Tiles and Lynn Mudford.

Junior competitions continue every fortnight on East Pier, West Bay 12 noon - 3pm. Beginners welcome; see website for further details.

◆ FIRST WINNER: Connor Hallett receives the trophy from Richard "Tiny" Dawe after his win





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INSIDE: Local sports news and round-up

Blake blasts his way to World gold

PAUL Blake got his revenge on his great Russian rival Artem Arefyev by winning gold in the IPC Athletics World Championships in Lyon on Monday.

The 23-year-old from Charlton Down near Dorchester blasted his way to a new championship and personal best in the T36 800m to destroy his opponent in the home straight and win by over two seconds in a time of 2:06:10.

Blake had to settle for silver in the 2011 World Championships in Christchurch when the more powerfully built Arefyev overhauled him down the straight, but this time he could not match the Briton's tenacity as he dug deep to fend him off.

In scorching weather, Blake went off quick from the bell.

This a tactic he prefers so that he can set his own pace rather than sit in and pounce at the end, and it worked well as he went through the bell in 59.08, with Arefyev

by Stuart Broom
stuart@pemedi.co.uk

tucked in behind him.

The two stretched away from the rest of the field and although he led into the straight he knew that the Russian would pounce.

He drew alongside, but Blake who has been working hard on his finishing speed, dug in and left the former world record holder in his wake as he sprinted over the line.

A delighted Blake said: "I run quite well off a quick pace myself so I decided to take it out and try and hold on which I did.

"I put a lot more work in the gym this season just for strength and to help me with my finishing, and it's paid off here.

"It is the hardest I've ever raced, and I got

a PB which is great."

Blake is much slighter than most of his rivals, particularly Arefyev and Evgenii Shvetsov, the current T36 400m and 800m world record holder.

hard work has paid off

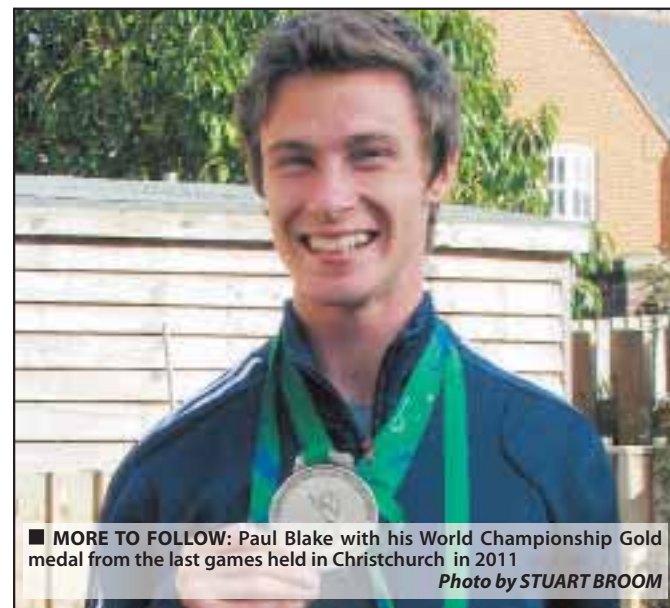
Although his season has been truncated this year; he did not compete indoor in the winter; preferring to concentrate on building his strength through training, he has always been confident he would come good come the World Championships.

"Winning the 400m silver and 800m bronze at the London 2012 last year has given me a real confidence boost.

"I feel that all the hard work I have done over the last two years has finally paid off."

On Friday he has the chance to defend his 400m world title.

Standing in his way will be Shvetsov and another Russian Andrey Zhirnov in the field of five.



■ **MORE TO FOLLOW:** Paul Blake with his World Championship Gold medal from the last games held in Christchurch in 2011

Photo by STUART BROOM

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